

Supplemental Digital Contents 2. Articles excluded after full-text reviewing with reasons

Study	Reason
Aroxa 2017 ¹	UPDRS is not used
Chae 2009 ²	Multiple intervention
Chen 2015 ³	Not RCT
Cho 2018 ⁴	Multiple intervention
Cristian 2005 ⁵	UPDRS is not used
Doo 2015 ⁶	Not RCT
Eng 2006 ⁷	Not RCT
Fukuda 2016 ⁸	Not RCT
Huang 2009 ⁹	UPDRS is not used
Huang 2010 ¹⁰	UPDRS is not used
Jang 2020 ¹¹	MDS UPDRS
Ren 2008 ¹²	Not RCT
Shulman 2002 ¹³	Inappropriate experimental group
Toosizadeh 2015 ¹⁴	Duplication
Wang 2002 ¹⁵	UPDRS is not used
Yeo 2014 ¹⁶	Not RCT
Yeo 2012 ¹⁷	Not RCT
Yeo 2018 ¹⁸	Not RCT

Yu 2019 ¹⁹	Not RCT
Zhuang 2000 ²⁰	Not RCT
Jiang 2006 ²¹	No UPDRSIII results
Zhuo 2016 ²²	UPDRSII,III scores are marked as a sum
Luo 2019 ²³	No reports on basic treatment for Parkinson's disease. (Phenolphthalein was used)
Lin 2018 ²⁴	The basic treatment for Parkinson's disease is not specified exactly.
Zhang 2020 ²⁵	UPDRS scores are marked as a sum
Zhang 2013 ²⁶	Multiple intervention. Gastrodin was used in both groups.
Feng 2011 ²⁷	Duplication
LIU 2015 ²⁸	No UPDRSIII results

Appendix 16 Reference

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