

2013 CARE Checklist

1. **Title** – The area of focus and “case report” should appear in the title √
2. **Key Words** – Two to five key words that identify topics in this case report √
3. **Abstract** – (structure or unstructured)
 - a. Introduction – What is unique and why is it important? √
 - b. The patient’s main concerns and important clinical findings. √
 - c. The main diagnoses, interventions, and outcomes. √
 - d. Conclusion—What are one or more “take-away” lessons? √
4. **Introduction** – Briefly summarize why this case is unique with medical literature references. √
5. **Patient Information**
 - a. De-identified demographic and other patient information. √
 - b. Main concerns and symptoms of the patient. √
 - c. Medical, family, and psychosocial history including genetic information. √
 - d. Relevant past interventions and their outcomes. √
6. **Clinical Findings** – Relevant physical examination (PE) and other clinical findings. √
7. **Timeline** – Relevant data from this episode of care organized as a timeline (figure or table). √
8. **Diagnostic Assessment**
 - a. Diagnostic methods (PE, laboratory testing, imaging, surveys). √
 - b. Diagnostic challenges. √
 - c. Diagnostic reasoning including differential diagnosis. √
 - d. Prognostic characteristics when applicable. √
9. **Therapeutic Intervention**
 - a. Types of intervention (pharmacologic, surgical, preventive). √
 - b. Administration of intervention (dosage, strength, duration). √
 - c. Changes in the interventions with explanations. √
10. **Follow-up and Outcomes**
 - a. Clinician and patient-assessed outcomes when appropriate. √
 - b. Important follow-up diagnostic and other test results. √
 - c. Intervention adherence and tolerability (how was this assessed)? √

- d. Adverse and unanticipated events. ✓
- 11. **Discussion**
 - a. Strengths and limitations in your approach to this case. ✓
 - b. Discussion of the relevant medical literature. ✓
 - c. The rationale for your conclusions. ✓
 - d. The primary “take-away” lessons from this case report. ✓
- 12. **Patient Perspective** – The patient can share their perspective on their case. ✓
- 13. **Informed Consent** – The patient should give informed consent. ✓

