

**Table S4.** Significant changes in the portion size of ACAES items between 2007 and 2011–12, in the whole sample and for several population groups<sup>a</sup>

Food	2–4 years			5–8 years			9–12 years			13–16 years			2–16 years		
	Females	Males	All	Females	Males	All	Females	Males	All	Females	Males	All	Females	Males	All
Drinks															
Water	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑
Fruit juice	↑	↑	↑						↑	↑		↑	0↑	↑	↑
Tea or coffee												↓	↓		↓
Dairy Foods															
Whole milk					0↓	0↓		↓	↓					0↓	0↓
Flavoured milk	↑								↑	↑			↑		↑
Ice cream														↑	↑
Cheese			↑												
Breads and Cereals															
White bread		↑	↑												↑
Wholemeal bread															↑
Rice														↓	↓
Pasta					↑	↑		↑	↑	↑	↑	↑	↑	↑	↑
Sweets and Snacks															
Cakes							↑		↑		↑	↑	↑	↑	↑
Plain sweet biscuits													↑		0↑
Savoury combination snacks						↓								↓	
Snack noodles									↑						↑
Main meals															
Mince dish								↑	↑	↑		↑	↑	↑	↑
Plain meat	↑	↑	↑		↑	↑			↑	↑	↑	↑	↑	↑	↑
Mixed chicken dish															↑
Sausages	↑	↑	↑	↑	↑	↑	↑	↑	↑		↑	↑	↑	↑	↑
Pizza									↑				↑		
Other Foods															

Ice block – cream						↑		↑						↑		↑		↑
Salad dressing full fat								↑		↑			↑	↑		↑		↑
Tomato sauce						↑								↑				↑
Bacon, ham	↓			↓	↓	↓		↓		↓		↓		↓		↓	↓	↓
Eggs														↑		↑		↑
<b>Fruit and vegetables</b>																		
Hot chips	↓	↓	↓	↓	↓	↓	↓	↓		↓	↓	↓	↓	↓	↓	↓	↓	↓
Broccoli														↑				
Carrots	↑	↑	↑	↑		↑								↑		↑		↑
Corn						↑	↑							↑				↑
Tomato				↓		↓	↓		↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
Apple	↑	↑	↑										↓			↑		↑
Orange	↑		↑															
Banana				↓		↓			↓	↑		↓						↓
<b>Seasonal fruits</b>																		
Peach, nectarine, plum, apricot														↑				↑

<sup>a</sup> Only foods of which the portion size changed significantly ( $p < 0.05$  (Bonferroni corrected)) in the whole sample or in at least one of the population subgroups are presented.

↑ indicates an increase in portion size in 2011–12, when compared to 2007

↓ indicated a decrease in portion size in 2011–12, when compared to 2007

- indicates that the change in portion size was either not significant ( $p > 0.05$ ) or the food was eaten by <5% of the 2011–12 population

0<sup>†</sup> Change in median portion size was 0, however the Mann Whitney U test found a significant increase in portion size distributions in 2011–12, when compared to 2007

0<sup>‡</sup> Change in median portion size was 0, however the Mann Whitney U test found a significant decrease in portion size distributions in 2011–12, when compared to 2007