Appendix 1.

LIVERPOOL JOHN MOORES UNIVERSITY PARENTAL CONSENT FORM



Natural Health Service in the Mersey Forest: Forest Schools

Dr Zoe Knowles, Research Institute for Sport and Exercise Sciences

Please tick/cross the relevant boxes below:					
1.	I confirm that I have read and understand the above study. I have had the opportunity to questions and have had these answered satisfactors.	consider the information, ask	1		
_	·				
2.		derstand that my child's participation in the research is voluntary and that I free to withdraw him/her at any time, without giving a reason and that this not affect my legal rights.			
3.	I understand that any personal information collected during the study will be anonymised and remain confidential.		3		
4.	I give permission for photographs to be taken of my child during the project, which may be used for subsequent academic/promotional purposes associated with The Mersey Forest.		<u>4</u> į		
5.	I am aware that children will be weighed and measured and these results will remain confidential		(5)		
6.	I give permission for my child to wear an accelerometer to record their physical activity		6		
7.	I agree for my child to take part in the above stu	dy.	7/		
Name of Child					
Name of Parent/Guardian:					
Sig	Signature: Date:				
Name of Researcher Da		Signature			

Date

Signature

NOTE: When completed 1 copy for participant and 1 copy for researcher

Name of Person taking consent

(if different from researcher)

Parent/Guardian Contact Sheet

Please only complete this section if you are interested in receiving further information, receiving information about research findings and about participating in future activities The Mersey Forest has to offer.

Name of Parent/Guardian:
Name of Child:
Address:
Contact telephone number:
E-mail address (if applicable):
Please state what your preferred method of contact is:

Note: The details provided here **will not be shared with any organisations outside the study.** The information will be used to inform you of family activities, research findings in this project and to send out involvement vouchers.







Appendix 2.

LIVERPOOL JOHN MOORES UNIVERSITY ASSENT FORM FOR CHILDREN / OTHER DEPENDENTS



(to be completed by the child and their parent/guardian)

Natural Health Service in the Mersey Forest: Forest Schools

Dr Zoe Knowles, Research Institute for Sport and Exercise Sciences

	ild (or if unable, parent/guardian on their behalf) circle all they agree with:	/ young person			
1.	Have you read (or had read to you) information about this project?	Yes/No			
2.	Has somebody else explained this project to you?	Yes/No			
3.	Do you understand what this project is about?	Yes/No			
4.	Have you asked all the questions you want?	Yes/No			
5.	Have you had your questions answered in a way you understand?	Yes/No			
6.	Do you understand it's OK to stop taking part at any time?	Yes/No			
7.	Are you happy to take part?	Yes/No			
If <u>any</u> answers are 'no' or you <u>don't</u> want to take part, don't sign your name!					
lf y	ou <u>do</u> want to take part, you can write your name below				
Your name					
Da	re				
	ur parent or guardian must write their name here if they are happ ject.	y for you to do the			
Pri	nt Name				
Sig	n				
Da	re				
The	e researcher who explained this project to you needs to sign too.				

Drink Names

Print Name