

NURSING OPINION ON THE FINNEGAN SCORE SURVEY

Welcome to My Survey

Informed Consent:

Thank you for participating in this survey. Your feedback is important. Please answer the following questions as honestly as possible. These questions concern the Finnegan scoring system and your opinion concerning the Finnegan. As you are aware, the Finnegan Neonatal Abstinence Scoring System (FNASS) is currently the gold standard for determining babies' level of NAS.

The purpose of this survey is to help determine a general opinion of the FNASS.

I do not anticipate that taking this survey will contain any risk or inconvenience to you. Furthermore, your participation is strictly voluntary and you may withdraw your participation at any time without penalty.

All information collected will be used only for my research and will be kept confidential. There will be no connection to you specifically in the results or in future publication of the results. Once the study is completed, I would be happy to share the results with you if you desire. In the meantime, if you have any questions please ask or contact:

Claire Chin Foo, Research Assistant at Women & Infants Hospital, phone: 401-274-1122 ext 48984

Or

Barry M. Lester, PhD, Director of the Center for the Study of Children at Risk, phone: 401-274-1122

Additionally, if you have any concerns about your treatment as a participant in this study, please call:

The Director of IRB Administration at (401) 453-7677.

Although the chairperson may ask your name, all complaints are kept in confidence.

By submitting the survey, you are verifying that you have read the explanation of the study, and that you agree to participate. You also understand that your participation in this study is strictly voluntary.

1. How long have you been working as a nurse?	
<input type="checkbox"/> 0 – 3 years	<input type="checkbox"/> 4 – 6 years <input type="checkbox"/> 7 – 9 years <input type="checkbox"/> 10 – 12 years
<input type="checkbox"/> 13 – 15 years	<input type="checkbox"/> 16 – 19 years <input type="checkbox"/> Over 20 years
2. How long have you been doing FNASS evaluations?	
<input type="checkbox"/> 0 – 3 years	<input type="checkbox"/> 4 – 6 years <input type="checkbox"/> 7 – 9 years <input type="checkbox"/> 10 – 12 years
<input type="checkbox"/> 13 – 15 years	<input type="checkbox"/> 16 – 19 years <input type="checkbox"/> Over 20 years
3. What training method did you have to perform the FNASS?	
<input type="checkbox"/> Net Learning (videos) <input type="checkbox"/> Classes <input type="checkbox"/> Certified Finnegan Training <input type="checkbox"/> Nurse to nurse <input type="checkbox"/> None	
4. After the training you received, how prepared did you feel to perform the FNASS?	
<input type="checkbox"/> Not at all prepared <input type="checkbox"/> Somewhat prepared <input type="checkbox"/> Prepared <input type="checkbox"/> Very prepared <input type="checkbox"/> N/A	
5. How accurate do you think the FNASS is at capturing babies' withdrawal symptoms?	
<input type="checkbox"/> Not accurate <input type="checkbox"/> Somewhat accurate <input type="checkbox"/> Accurate <input type="checkbox"/> Very accurate	
6. How subjective do you find the FNASS? (subjective meaning that some items are broadly defined or not well defined)	
<input type="checkbox"/> Not at all subjective <input type="checkbox"/> Somewhat subjective <input type="checkbox"/> Subjective <input type="checkbox"/> Very subjective	
7. Which environmental factors do you think impact the babies' symptoms and therefore the FNAS score they receive? Check all that apply	
<input type="checkbox"/> Light <input type="checkbox"/> Noise <input type="checkbox"/> Commotion in the nursery (busy, many parents, many babies) <input type="checkbox"/> Mother's availability (spend time with baby) <input type="checkbox"/> Nursery staff availability	
8. Which of the following interventions have you tried to reduce these environmental factors? Check all that apply	
<input type="checkbox"/> Reduce lighting <input type="checkbox"/> Reduce noise <input type="checkbox"/> Use soothing music <input type="checkbox"/> Encourage mom to be available for her baby <input type="checkbox"/> Limit number of people in the nursery and in the room	
9. Do you think that performing the FNASS in the mother's room compared to the nursery can affect the FNAS score?	
<input type="checkbox"/> Yes <input type="checkbox"/> No	

10. What items do you think are the most difficult to score? Check all that apply

Central Nervous System Disturbances

- ☐ Crying: Excessive High Pitched
- ☐ Crying: Cont. High Pitched
- ☐ Sleeps < 1 Hr After Feeding
- ☐ Sleeps < 2 Hr After Feeding
- ☐ Sleeps < 3 Hr After Feeding
- ☐ Hyperactive Moro Reflex
- ☐ Markedly Hyperactive Moro Reflex
- ☐ Mild Tremors: Disturbed
- ☐ Mod-Severe Tremors: Disturbed
- ☐ Mild Tremors: Undisturbed
- ☐ Mod-Severe Tremors: Undisturbed
- ☐ Increased Muscle Tone
- ☐ Excoriation (Specific Area)
- ☐ Myoclonic Jerk
- ☐ Generalized Convulsions

Metabolic, Vasomotor & Respiratory Disturbances

- ☐ Sweating
- ☐ Fever < 101 (37.2-38.3c)
- ☐ Fever > 101 (38.4c)
- ☐ Frequent Yawning (>3)
- ☐ Mottling
- ☐ Nasal Stuffiness
- ☐ Sneezing (>3)
- ☐ Nasal Flaring
- ☐ Respiratory Rate (>60/Min)
- ☐ Respiratory Rate (>60/Min w/Rtx)

Gastrointestinal Disturbances

- ☐ Excessive Sucking
- ☐ Poor Feeding
- ☐ Regurgitation
- ☐ Projectile Vomiting
- ☐ Loose Stools
- ☐ Watery Stools

11. What items do you think are the best indicators in diagnosing NAS? Check all that apply

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12. Do you think that there are many nurse to nurse disagreements in FNAS scoring between nurses in the same unit of the hospital?

- ☐ Yes
- ☐ No

13. Do you think that there are many nurse to nurse disagreements in FNAS scoring between nurses in different units of the hospital?	
<input type="checkbox"/> Yes <input type="checkbox"/> No	
14. How would you describe the FNAS? Check all that apply	
<input type="checkbox"/> Accurate <input type="checkbox"/> Easy <input type="checkbox"/> Short (items and time doing the exam) <input type="checkbox"/> Reliable way to measure NAS	<input type="checkbox"/> Subjective <input type="checkbox"/> Complex <input type="checkbox"/> Long (items and time doing the exam) <input type="checkbox"/> Not reliable
15. Do you think a new scoring method is necessary to diagnose NAS?	
<input type="checkbox"/> Yes <input type="checkbox"/> No	

Thank you very much for you time!