

MDPI

# Article LC-ESI-QTOF/MS Profiling of Australian Mango Peel By-Product Polyphenols and Their Potential Antioxidant Activities

Danying Peng, Hafza Fasiha Zahid, Said Ajlouni, Frank R. Dunshea<sup>D</sup> and Hafiz A. R. Suleria \*<sup>D</sup>

School of Agriculture and Food, Faculty of Veterinary and Agricultural Sciences, The University of Melbourne, Parkville, VIC 3010, Australia; danyingp@student.unimelb.edu.au (D.P.);

zahidh@student.unimelb.edu.au (H.F.Z.); said@unimelb.edu.au (S.A.); fdunshea@unimelb.edu.au (F.R.D.)

\* Correspondence: hafiz.suleria@unimelb.edu.au; Tel.: +61-470-439-670

Received: 25 September 2019; Accepted: 14 October 2019; Published: 18 October 2019



Abstract: Mango (Mangifera indica L.) is one of the most important fruits in the world. Mango peel is an important by-product that is rich in polyphenols and it could have high economic value if it is effectively utilized. Phenolic characterization is an essential step in the commercial utilization of mango peel by-products as food ingredients. Herein, qualitative and quantitative analyses of two Australian mango peel "Keitt" and "Kensington Pride" (K&P) by-products were conducted while using liquid chromatography coupled to electrospray ionisation and quadrupole time of flight mass spectrometry (LC-ESI-QTOF/MS) and high-performance liquid chromatography coupled to photodiode array detector (HPLC-PDA). A total of 98 polyphenols compounds were tentatively identified in both Keitt peel and K&P peel extracts, with greater concentrations of these compounds being detected in Keitt peel. The total phenolic content (TPC), total flavonoid content (TFC), and a total tannin content (TTC) were determined. The antioxidant activity of mango peel by-products was determined while using 2,2-diphenyl-1-picrylhydrazyl (DPPH) antioxidant assay, ferric reducing antioxidant power (FRAP) assay, and 2,2-azino-bis-3-ethylbenzothiazoline-6-sulfonic acid (ABTS) radical scavenging assay. Keitt peel contained higher concentrations of total phenolic compounds, flavonoids, and tannins and had higher antioxidant capacity in DPPH, FRAP, and ABTS assays as compared to K&P peel. In HPLC-PDA quantification, the predominant phenolic compounds in Keitt peel and K&P peel were catechin ( $62.32 \pm 0.01 \text{ mg/g}_{d.w.}$ ) and syringic acid ( $17.78 \pm 0.01 \text{ mg/g}_{d.w}$ ).

Keywords: mango peels; polyphenols; LC-ESI-QTOF/MS; HPLC-PDA; antioxidant activity

# 1. Introduction

Mango (*Mangifera indica* L.) is one of the most important fruits in the world. In 2016, the production of mango around the world was over 48 billion tonnes, which is valued at nearly 30 thousand million US dollars, ranking fifth in the world fruit production [1]. Around 20% of mango fruits are processed into various food products, such as puree, slices, canned, and others [2]. After processing, mango peel and mango seed are the major by-products, which are largely discarded as waste that ultimately become environment pollution. As mango peel makes up 7–24% of the total fruit weight and is rich in phenolic compounds [3], it could be an important and better source for ingredients for the functional food, nutraceutical, and pharmaceutical industries [4].

The main phenolic compounds in fruits include phenolic acids, flavonoids, tannins, anthocyanins, carotenoids, and tocopherols [5]. These phenolics can act as antioxidants, directly or indirectly preventing the formation of free radicals that contribute to many chronic health issues. Polyphenols can be extracted while using different organic solvents while their antioxidant potential can be varied depending upon the type of extraction, conditions, and the choice of solvents [6].

The antioxidant activity of phenolic compounds can be measured with different chemical assays, depending upon their mechanisms. These include (1) free radical scavenging methods that scavenge specific types of free radicals, such as 2,2-diphenyl-1-picrylhydrazyl (DPPH); (2) non-radical redox potential-based methods that are involved in reducing the capacity of antioxidant, such as ferric reducing antioxidant power (FRAP); (3) metal-chelating methods; and, (4) determination of total phenolic content (TPC) [7]. However, for extraction, identification, and structural characterization of these phenolic compounds, a combination of high-performance liquid chromatography (HPLC) coupled with electrospray ionization mass spectrometry (ESI-MS) is widely employed [5]. Previously, a few phenolic groups have been characterized in mango by-product while using HPLC/MS and these include ellagic acid and their derivatives, xanthones (principally mangiferin), and some major flavonoids [8,9]. Some of the common polyphenolic substances that are found in different mango varieties are mangiferin, (+)-catechin, quercetin-3-glucoside and quercetin-3-p-galactoside, kaempferol-3-O-glucoside, (-)-epicatechin, quercetin, and gallic acid [4]. Previously, different studies have been conducted globally to isolate and identify phenolic compounds in different mango by-products, but only a few have focussed on Australian mango by-products. "Keitt" and "Kensington Pride" (K&P) are two common mangos that are produced in Australia.

Therefore, the objectives of this study were to (1) extract polyphenolic compounds from Australian "Keitt" and "Kensington Pride" mango by-products; (2) measure the total phenolic profile and their potential antioxidant activities and (3) characterize and quantify polyphenols in Australian mango peel extracts while using liquid chromatography coupled to electrospray ionisation and quadrupole time of flight mass spectrometry (LC-ESI-QTOF/MS) and high-performance liquid chromatography coupled to photodiode array detector (HPLC-PDA). The outcome of our research can provide important information for commercial utilisation of these mango by-products as ingredients of functional food, nutraceuticals, and pharmaceutical development.

#### 2. Materials and Methods

## 2.1. Chemical and Reagents

Most of the chemicals that were used for extraction and characterization were analytical grade and purchased from Sigma-Aldrich (Castle Hill, NSW, Australia). Hydrated sodium acetate, methanol, hydrochloric acid, anhydrous sodium acetate, and glacial acetic acid were purchased from Thermo Fisher Scientific Inc. (Waltham, MA, USA). Sodium carbonate (anhydrous) was procured from Chem-Supply Pty Ltd. (Adelaide, SA, Australia) and sulfuric acid 98% was from RCI Labscan (Rongmuang, Thailand). Folin and Ciocalteu's phenol reagent, gallic acid, quercetin, 2,4,6-tripyridyl-s-triazine (TPTZ), 2,2-diphenyl-1-picrylhydrazyl (DPPH), L-ascorbic acid, vanillin, hexahydrate aluminum chloride, ferric chloride, and 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid) (ABTS) were purchased from Sigma-Aldrich (Castle Hill, NSW, Australia). The reference standards for HPLC, including caffeic acid, chlorogenic acid, gallic acid, p-hydroxybenzoic acid, protocatechuic acid, syringic acid, catechin, epicatechin gallate, kaempferol, kaempferol-3-glucoside, quercetin, quercetin-3-galactoside, and quercetin-3-glucuronide, were purchased from Sigma-Aldrich (St. Louis, MO, USA). Water was deionized to reach a resistivity of 18.2 M $\Omega$ /cm by Millipore Milli-Q Gradient Water Purification System (Darmstadt, Germany) and was filtered through a 0.22 µm type Millipak<sup>®</sup> Express 20 Filter (Milli-Q, Darmstadt, Germany).

# 2.2. Sample Preparation

The mature fruits of two Australian mangoes, Keitt and Kensington Pride (K&P), respectively, were obtained from a local retail market in Melbourne, Australia. The peels of 3–4 kg each mango variety were manually cleaned, removed cut into small pieces ( $0.5 \times 1$  cm), and then frozen at -20 °C overnight, following by lyophilization at -45 °C/50 MPa while using the Dynavac engineering FD3

Freeze Drier (Belmont, W.A., Australia) and Edwards RV12 oil sealed rotary vane pump (Bolton, England). The dried mango peels were ground to fine powder and stored at -20 °C.

## 2.3. Extraction of Phenolic Compounds

Mango peel powder (2.1  $\pm$  0.5 g) was extracted with 20 mL 30% ethanol. The mixture was homogenized with the IKA Ultra-Turrax<sup>®</sup> T25 homogenizer (Rawang, Selangor, Malaysia) and subjected to shaking incubator (ZWYR-240, Labwit, Ashwood, VIC, Australia) at 120 rpm 4 °C overnight. For antioxidant analysis, the peel extracts were centrifuged while using benchtop centrifuge (Hettich Rotina 380R, Tuttlingen, Germany) at 5000 rpm for 15 min (4 °C). The filtrate was subsequently transferred and stored at –20 °C. For HPLC and LCMS analysis, the peel extracts were filtered through a 0.45 µm syringe filter (Thermo Fisher Scientific Inc., Waltham, MA, USA).

## 2.4. Antioxidant Assays

All of the antioxidant assays were performed by adopting the method of Gu et al. [10]. The data was measured by the Multiskan<sup>®</sup> Go microplate photometer (Thermo Fisher Scientific, Waltham, MA, USA). All of the tests were run in triplicate. The standard curves were created with  $R^2 > 0.995$ .

## 2.4.1. Determination of Total Phenolic Content (TPC)

The total phenolic content of the mango peel extracts was measured by the Folin-Ciocalteu method [11] with some modification. The sample extract (25  $\mu$ L) was mixed with 25  $\mu$ L Folin reagent solution (1:3 diluted with water) in a 96-well plate (Corning Inc., Corning, NY, USA), and then incubated at 25 °C for 5 min. Afterwards, 200  $\mu$ L water and 25  $\mu$ L 10% (w/w) sodium carbonate was added, followed by 1 h incubation at 25 °C. Absorbance was measured at 765 nm while using microplate reader. Each sample was tested in triplicate and quantification was based on the standard curve that was generated with 0–200  $\mu$ g/mL gallic acid in ethanolic solution. Mango peel samples were expressed in mg gallic acid equivalents (GAE) per gram dry weight (d.w.) ± standard deviation (SD).

## 2.4.2. Determination of Total Flavonoid Content (TFC)

The total flavanol content of the mango peels was estimated by AlCl<sub>3</sub> colorimetric-based method [12], with some modification. The sample extract (80  $\mu$ L), 80  $\mu$ L 2% aluminium chloride and 120  $\mu$ L 50 g/L sodium acetate solution in water were added in a 96-well plate and then incubated at 25 °C for 2.5 h. After incubation, the absorbance was measured at 440 nm in a microplate reader. Sample quantification was based on the standard curve that was generated with 0–50  $\mu$ g/mL quercetin methanolic solution. Each sample was tested in triplicate and the mango peel samples were expressed in mg quercetin equivalents (QE)/g<sub>d.w.</sub>

### 2.4.3. Determination of Total Tannin Contents (TTC)

The tannin content of the mango peels was estimated by the colorimetric method [13], with some modification. 25  $\mu$ L of sample extract, 150  $\mu$ L 4% vanillin solution, and 25  $\mu$ L 32% sulfuric acid were mixed in a 96-well plate and then incubated at 25 °C for 15 min. After incubation, the absorbance was measured at 500 nm while using microplate reader. Sample quantification was based on the standard curve generated with 0–1000  $\mu$ g/mL catechin methanolic solution. Each sample was tested in triplicate and mango peel samples were expressed in mg catechin equivalents (CE)/g<sub>d.w.</sub> ± SD.

### 2.4.4. 2,2-Diphenyl-1-picrylhydrazyl (DPPH) Antioxidant Assay

The radical scavenging activity of mango peels was measured by DPPH assay based on the method of Sogi, et al. [14], with some modification. 40  $\mu$ L sample was mixed with 260  $\mu$ L of 0.1 M DPPH radical methanol solution in a 96-well plate, incubated for 30 min at 25 °C. After incubation, the absorbance was measured at 517 nm using microplate reader. Sample quantification was based on

the standard curve that was generated with  $0-50 \ \mu\text{g/mL}$  ascorbic acid aqueous solution. Each sample was tested in triplicate and the mango peel samples were expressed in mg ascorbic acid equivalents (AAE)/g<sub>d.w.</sub> ± SD.

## 2.4.5. Ferric Reducing Antioxidant Power (FRAP) Assay

The ferric reducing capability of the mango peels was carried out while using the method based on Sogi, Siddiq, Greiby and Dolan [14], with some modification. The FRAP reagent was made fresh daily by mixing 300 mM acetate buffer, 10 mM TPTZ, and 20 mM ferric chloride in a ratio of 10:1:1 (v/v/v). A 20  $\mu$ L sample extract and 280  $\mu$ L FRAP reagent were mixed in a 96-well plate and incubated at 37 °C for 10 min. After incubation, the absorbance was measured at 593 nm in a microplate reader. Sample quantification was based on the standard curve that was generated with 0–50  $\mu$ g/mL ascorbic acid aqueous solution. Each sample was tested in triplicate and the mango peel samples were expressed in mg AAE/g<sub>d.w.</sub> ± SD.

## 2.4.6. 2,2-Azino-bis-3-ethylbenzothiazoline-6-sulfonic Acid (ABTS) Radical Scavenging Assay

The ABTS antioxidant activity of the mango peels was determined while using the ABTS<sup>+</sup> radical cation decolourization assay with some modification [14]. 7 mM ABTS and 140 mM potassium persulfate solutions were mixed and then incubated in the dark for 16 h to generate an ABTS<sup>+</sup> stock solution. ABTS<sup>+</sup> solution was further diluted with ethanol to gain absorbance of  $0.70 \pm 0.02$  at 734 nm. A 10 µL sample extract and 290 µL prepared ABTS<sup>+</sup> solution was mixed in a 96-well plate, followed by an incubation at 25 °C for 6 min. After incubation, the absorbance was measured at 734 nm while using microplate reader. Sample quantification was based on the standard curve that was generated with 0–200 µg/mL ascorbic acid aqueous solution. Each sample was tested in triplicate and mango peel samples were expressed in mg AAE/g<sub>d.w.</sub>  $\pm$  SD.

# 2.5. Characterization of Phenolic Compounds by LC-ESI-QTOF/MS Analysis

Polyphenol characterization was performed by adopting our previously published method of Gu et al. [10]. An Agilent 1200 series HPLC (Agilent Technologies, Santa Clara, CA, USA) coupled to an Agilent 6520 Accurate-Mass Q-TOF LC/MS (Agilent Technologies, Santa Clara, CA, USA) via an electrospray ionisation source (ESI) was used for the tentative identification and characterization of polyphenols. Separation was carried out on a Synergi Hydro-RP 80A, LC Column (250 mm × 4.6 nm, 4 μm) (Phenomenex, Lane Cove, NSW, Australia) at a column temperature of 25 °C and sample temperature of 10 °C. Mobile phase A was 98% acetic acid in water and mobile phase B consisted of acetonitrile/water /acetic acid (100:1:99, v/v/v). The gradient program was carried out for 85 min by following conditions: 0 min, 90% A and 10% B; 20 min, 75% A and 25% B; 30 min, 65% A and 35% B; 40 min, 60% A and 40% B; 70 min, 45% A and 55% B; 75 min, 20% A and 80% B; 77–79 min, 100% B; 82–85 min, 90% A and 10% B. The mobile phase flow rate was 0.8 mL/min, and the sample injection volume was 5 µL. Peak identification was performed in both negative and positive modes, and mass spectra in the m/z range of 50–1300 were obtained. The mass spectrometry conditions were set, as follows: nitrogen gas temperature 300 °C with the flow rate 5 L/min, sheath gas temperature 250 °C with the flow rate 11 L/min, nebulizer gas pressure 45 psi. The capillary and nozzle voltage were set at 3.5 kV and 500 V respectively. Data acquisition and analysis were performed using Agilent LC-MS-QTOF Mass Hunter Data Acquisition Software Version B.03.01 (Agilent Technologies, Santa Clara, CA, USA).

### 2.6. Polyphenol Quantification through HPLC-PDA Analysis

The quantitative determination of targeted phenolic compound was performed by adopting the protocol of Gu et al. [10]. The quantification of phenolic compounds was carried out by the HPLC (Waters Alliance 2690, Chromatograph Separation Module) that was equipped with a photodiode array (PDA) detector (Model 2998, Waters). The same column and conditions maintained described

in LC-ESI-QTOF/MS, except for sample injection volume of 20  $\mu$ L. The UV detection was carried out at 280 nm, 320 nm, and 370 nm, with 1.25 scan/s (peak width = 0.2 min) spectral acquisition rate. Thirteen polyphenol standards (Caffeic acid, chlorogenic acid, gallic acid, p-hydroxybenzoic acid, protocatechuic acid, syringic acid, catechin, epicatechin gallate, kaempferol, kaempferol-3-glucoside, quercetin, quercetin-3-galactoside, and quercetin-3-glucuronide), commonly present in mango products were selected for quantification purposes. Each polyphenol standard was diluted into seven different concentrations for generating calibration standard curves for quantification. Instrument control, data acquisition, and chromatography processing were performed while using the Empower Software (2010) (Shimadzu Scientific Instruments, Sydney, NSW, Australia).

## 2.7. Statistics Analysis

The results for chemical assays were expressed as mean  $\pm$  SD of three independent analyses. One-way analysis of variance (ANOVA) was used to verify the difference of antioxidant activity between the sample groups. Statistical significance of the difference was tested while using Tukey's HSD test at  $p \le 0.05$ .

## 3. Results and Discussion

# 3.1. Polyphenol Estimation (TPC, TFC and TTC)

Mango peel is a rich source of polyphenols, such as phenolic acids and flavonoids, which have high antioxidant capacity [8]. The polyphenol content in mango peel was measured as TPC, TFC, and TTC (Table 1). These data shows that the polyphenol contents varied in both mango cultivars. Keitt peel had a significantly higher level of TPC and TFC than K&P peel ( $p \le 0.05$ ), while there was no significant difference in the tannin contents in both mango peel samples ( $p \ge 0.05$ ). Previously, Dorta, et al. [15] determined the TPC values (77–92 mg GAE/g<sub>d.w.</sub>) in Keitt peel sample while using different solvents and drying methods, both solvent and drying methods effect overall polyphenol contents. They reported a slightly higher TFC in Keitt peel (9.5 ± 0.01 mg QE/g<sub>d.w.</sub>) samples while extracted with 50% ethanol at 25 °C.

Antioxidant Assays	Keitt Peel	K&P Peel
TPC (mg GAE/g)	$42.72 \pm 0.01$ <sup>a</sup>	$14.40 \pm 0.01$ <sup>b</sup>
TFC (mg QE/g)	$1.86 \pm 0.01$ <sup>a</sup>	$0.93 \pm 0.01$ <sup>b</sup>
TTC (mg CE/g)	$8.52 \pm 0.10^{a}$	$6.90 \pm 0.12$ <sup>b</sup>
DPPH (mg AAE/g)	$27.69 \pm 0.01$ <sup>a</sup>	$8.07 \pm 0.01$ <sup>b</sup>
FRAP (mg AAE/g)	$28.55 \pm 0.01$ <sup>a</sup>	$2.03 \pm 0.01$ <sup>b</sup>
ABTS (mg AAE/g)	$158.44 \pm 0.01$ <sup>a</sup>	$30.96 \pm 0.01$ <sup>b</sup>

Table 1. Polyphenol content and antioxidant activity detected in mango peels.

The data are shown in mean  $\pm$  standard deviation (n = 3); the superscript letters (a, b), indicate the means in a row with significant difference (p < 0.05) using a one-way analysis of variance (ANOVA) and Tukey's test. GAE stands for gallic acid equivalents; QE stands for quercetin equivalents; CE stands for catechin equivalents, and AAE stands for ascorbic acid equivalents. Data of K&P Peel and Keitt Peel is reported on a dry weight basis.

# 3.2. Antioxidant Activities (DPPH, FRAP and ABTS)

The antioxidant activity of mango peels was measured through DPPH, FRAP, and ABTS assay. These assays are widely used in testing the antioxidant capacity of food [7]. Table 1 shows that there are significant differences in the antioxidant activity between both mango cultivars. In general, the Keitt peel showed much higher antioxidant activity in all three antioxidant assays ( $p \le 0.05$ ). The Keitt peel extract showed three times higher DPPH scavenging capacity as compared to K&P. The DPPH assay is a single electron transfer-based method that measures the free radical scavenging ability of sample by detecting the DPPH radical capturing extent [16]. In the FRAP assay, Keitt peel extract showed significantly higher FRAP value as compared to K&P. The FRAP assay is a typical single electron

transfer-based method that measures the reducing power of antioxidants through reducing ferric ion  $(Fe^{+3})$  into a ferrous ion  $(Fe^{+2})$  [7]. The DPPH radical scavenging capacity and ABTS reducing power of Keitt peel extract has already been reported by Dorta, Lobo, and González [15] while computing with different standards.

In the ABTS assay, the ABTS radical scavenging capacity of both mango peels was significantly different with each other. Again, Keitt peel exhibited higher ABTS radical scavenging capacity (158.44  $\pm$  0.01 mg AAE/g <sub>d.w.</sub>), which is five times higher than K&P peel. The ABTS assay evaluates the sample ability to capture the radicals by measuring the ABTS radical scavenging level. The quenching of the ABTS<sup>+</sup> radical cation can be achieved either through directly reducing via electron donation or through radical quenching via hydrogen atom donation [7]. The ABTS radical scavenging capacity of Keitt peel has already been reported with a value of 380  $\pm$  4 mg AAE/g<sub>d.w.</sub> while using different solvent concentration [15]. López-Cobo, et al. [17] also reported the ABTS value of Keitt peel, which is 475.4  $\pm$  8.7  $\mu$ M FeSO<sub>4</sub> /mg<sub>d.w.</sub> using iron sulphate (FeSO<sub>4</sub>) as the standard.

# 3.3. Phenolic Compounds Profile by LC-ESI-QTOF/MS Analysis

In the present work, a qualitative analysis of the phenolic compounds from the 30% ethanol extract of mango peels has been carried out while using LC-ESI-QTOF/MS analysis in negative and positive ionisation modes (Figure S1—Supplementary Materials). Table 2 shows the lists of all the compounds that were tentatively identified in both mango peels on the basis of their m/z value from MS spectra in both negative and positive ionization mode ( $[M - H]^{-}/[M + H]^{+}$ ), using an Agilent LC/MS MassHunter Qualitative Software and Personal Compound Database and Library (PCDL) with online database. Compounds having more than 80 score (PCDL Score) and mass error <±10 ppm were only selected for characterization and m/z verification purposes.

A total of 98 different phenolic compounds were characterized in both Keitt and K&P peel samples, including 34 phenolic acids, 53 flavonoids, 3 lignans, and 8 other polyphenols. In general, phenolic compounds had higher diversity in the Keitt peel as compared to K&P peel sample. Flavonoids (mainly *O*-glycosylated) and phenolic acids were the major groups in two mango peel samples. Several compounds of lignans and other polyphenols were also reported in both mango peel samples.

In the Keitt peel sample, a total of 71 different phenolic compounds were detected (Table S1— Supplementary Materials), including 23 phenolic acids, 43 flavonoids, one lignans, and four other polyphenols, while K&P peel has a total of 63 different phenolic compounds (Table S2—Supplementary Materials), including 23 phenolic acids, 32 flavonoids, two lignans, and six other polyphenols.

#### 3.3.1. Phenolic Acid

For the phenolic acids, five sub-classes were detected in both peel samples: hydroxybenzoic acids, hydroxycinnamic acids, hydroxyphenylacetic acids, hydroxyphenylpentanoic acids, and hydroxyphenylpropanoic acids while hydroxybenzoic acids and hydroxycinnamic acids were the dominant subclasses.

#### Hydroxybenzoic Acid Derivatives

Seven out of twelve different hydroxybenzoic acids (Compound **1**, **4**, **5**, **6**, **8**, **10**, **11**) were tentatively characterized in both mango peels. Gallic acid and its derivatives were identified in both positive and negative modes in mango peel samples. Compound (**1**) with  $[M + H]^+$  at m/z 171.0290 and  $[M - H]^-$  at m/z 169.0150 were tentatively assigned as gallic acid. Gallic acid was previously identified in mango by-products (peel and seed) of three different varieties, including Keitt [8].

Compound (5) with the molecular formula  $C_{14}H_{16}O_{10}$  and having the precursor ion at m/z 343.0667 in the negative ESI<sup>-</sup> mode, were tentatively characterized as 5-*O*-galloylquinic acid in both mango peel samples. Compound (4) was tentatively identified in negative  $[M - H]^-$  at m/z 137.0253 and positive mode  $[M + H]^+$  at m/z 139.0385 of ionization, respectively, characterized as 2-hydroxybenzoic acid. Compound (11) was also tentatively identified in both ionization modes,  $[M + H]^+$  at m/z 333.0802 and

 $[M - H]^-$  at m/z 331.0688, were tentatively characterized as galloyl glucose. 2-hydroxybenzoic acid and galloyl glucose in different mango peels were both already been characterized [18]. Two derivatives of gallic acid were detected in both mango peels, including 3,4-O-dimethylgallic acid (Compound **10**) with  $[M + H]^+$  at m/z 199.0586, and gallic acid 3-O-gallate (Compound **6**) with  $[M + H]^+$  at m/z 322.0325 and  $[M - H]^-$  at m/z 321.0260, respectively. These compounds were also previously characterized in mango by-products, including peels and seeds [8]. Compound (8) with  $[M + H]^+$  at m/z 303.0123 was tentatively identified as ellagic acid. The observation of ellagic acid in K&P peel was consistent with the work of Pierson, Monteith, Roberts-Thomson, Dietzgen, Gidley, and Shaw [9] and Ajila, et al. [19] have also identified ellagic acid in other mango peels.

Compound (9), with the molecular formula  $C_{20}H_{16}O_{13}$  and having the precursor ion  $[M + H]^+$  at m/z 465.0645 in the positive ionization mode, was tentatively characterized as ellagic acid glucoside. Compound (12) with  $[M - H]^-$  at m/z 603.0076 was tentatively identified as gallagic acid. Ellagic acid glucoside and gallagic acid were both only identified in Keitt peel. However, (Compound 2, 3, 7) were only detected in K&P mango peel samples and tentatively characterized as 2,3-dihydroxybenzoic acid, 4-hydroxybenzoic acid 4-O-glucoside, and 4-O-methylgallic acid, respectively. Dorta, González, Lobo, Sánchez-Moreno, and de Ancos [8] have previously identified 4-O-methylgallic acid in three different mango varieties (Keitt, Sensation, and Gomera 3) and their by-products (peel and seed).

# Hydroxycinnamic Acid Derivatives

Four out of sixteen hydroxycinnamic acid derivatives (Compound **13**, **17**, **20**, **24**) were detected in both mango peels, among which three compounds were tentatively identified in negative ESI<sup>-</sup> mode in both peel samples: 3-caffeoylquinic acid (Compound **17**) with  $[M - H]^-$  at m/z 353.0891 and  $[M - H]^-$  at m/z 353.0903, *p*-coumaric acid 4-O-glucoside (Compound **20**) with  $[M - H]^-$  at m/z 325.0914 and  $[M - H]^-$  at m/z 325.0934, and ferulic acid 4-O-glucuronide (Compound **24**) with  $[M - H]^-$  at m/z 369.0853; while, cinnamic acid was tentatively identified in ESI<sup>+</sup> mode in both peels (Compound **13**) with both precursor ions  $[M + H]^+$  at m/z 149.0592. Abdalla, et al. [20] have previously identified cinnamic acid in four different Egyptian mango seed by-products.

Six hydroxycinnamic acid derivatives (Compound **14**, **21**, **25**, **26**, **27**, **28**) were only detected in the Keitt peel sample. Three compounds were tentatively characterized in ESI<sup>+</sup> mode, including 1,5-dicaffeoylquinic acid (Compound **14**), 3-*p*-coumaroylquinic acid (Compound **26**) and *p*-coumaroyl tartaric acid (Compound **28**) with  $[M + H]^+$  at m/z 517.1343, 339.1086, and 297.0600, respectively. Another three compounds were tentatively characterized in ESI<sup>-</sup> mode, including chicoric acid (Compound **21**), sinapine (Compound **25**), and verbascoside (Compound **27**), with  $[M - H]^-$  at m/z 473.0709, 309.1572, and 623.1973, respectively.

However, six hydroxycinnamic acid derivatives (Compound **15**, **16**, **18**, **19**, **22**, **23**) were only detected in the K&P peel sample and four of the six were tentatively identified in the negative ESI<sup>-</sup> mode as isoferulic acid (Compound **18**), ferulic acid 4-sulfate (Compound **23**), feruloyl tartaric acid (Compound **15**), and ferulic acid 4-*O*-glucoside (Compound **19**) with  $[M - H]^-$  at m/z 193.0510, 273.0086, 325.0570, and 355.1038, respectively. Compound (**22**) and (**16**) showed a precursor ion  $[M + H]^+$  at m/z 225.0764 and 357.0802 respectively were tentatively assigned as sinapic acid and caffeic acid 3-*O*-glucuronide.

Hydroxycinnamic acids and derivatives were previously identified in different mango varieties [20,21]. In the current study, most of the detected hydroxycinnamic acids are found in the form of quinic acid, tartaric acid, and glycosides derivatives, which is because hydroxycinnamic acids mostly present in nature in conjugated with carbohydrates or cyclic alcohol-acid, such as quinic acid [22].

# Processes 2019, 7, 764

No.	Proposed Compounds	Molecular Formula	RT (min)	Ionization Mode	Molecular Weight	Theoretical (m/z)	Observed (m/z)	Mass Error (ppm)	Mango Peel Samples
Phenol	lic acids								
	Hydroxybenzoic acids								
1	Gallic acid	$C_7H_6O_5$	6.73	$[M - H]^{-}/[M + H]^{+}$	170.0215	169.0142	169.0150	4.73	Keitt, * K&P
2	2,3-Dihydroxybenzoic acid	$C_7H_6O_4$	9.14	[M – H] <sup>–</sup>	154.0266	153.0193	153.0196	1.96	K&P
3	4-Hydroxybenzoic acid 4-O-glucoside	$C_{13}H_{16}O_8$	10.92	[M – H] <sup>–</sup>	300.0845	299.0772	299.0774	0.67	K&P
4	2-Hydroxybenzoic acid	$C_7H_6O_3$	10.93	$[M - H]^{-} / * [M + H]^{+}$	138.0317	139.0390	139.0385	-3.60	* Keitt, K&P
5	5-O-Galloylquinic acid	C <sub>14</sub> H <sub>16</sub> O <sub>10</sub>	12.09	$[M - H]^{-}$	344.0743	343.0670	343.0667	-0.87	* Keitt, K&P
6	Gallic acid 3-O-gallate	$C_{14}H_{10}O_9$	16.35	$[M - H]^{-} / * [M + H]^{+}$	322.0325	323.0398	323.0391	-2.17	* Keitt, K&P
7	4-O-Methylgallic acid	$C_8H_8O_5$	18.76	$[M - H]^{-}$	184.0372	183.0299	183.0303	2.19	K&P
8	Ellagic acid	$C_{14}H_6O_8$	19.51	$[M + H]^{+}$	302.0063	303.0136	303.0123	-4.29	* Keitt, K&P
9	Ellagic acid glucoside	C <sub>20</sub> H <sub>16</sub> O <sub>13</sub>	19.51	$[M + H]^{+}$	464.0591	465.0664	465.0645	-4.09	Keitt
10	3,4-O-Dimethylgallic acid	$C_9H_{10}O_5$	31.14	$[M + H]^{+}$	198.0528	199.0601	199.0586	-7.54	* Keitt, K&P
11	Galloyl glucose	C13H16O10	32.02	$[M - H]^{-} / * [M + H]^{+}$	332.0743	333.0816	333.0802	-4.20	* Keitt, K&P
12	Gallagic acid	C <sub>28</sub> H <sub>12</sub> O <sub>16</sub>	37.93	[M – H] <sup>–</sup>	604.0125	603.0052	603.0076	3.98	Keitt
	Hydroxycinnamic acids								
13	Cinnamic acid	$C_9H_8O_2$	9.21	$[M + H]^{+}$	148.0524	149.0597	149.0592	-3.35	* Keitt, K&P
14	1,5-Dicaffeoylquinic acid	$C_{25}H_{24}O_{12}$	9.77	$[M + H]^{+}$	516.1268	517.1341	517.1343	0.39	Keitt
15	Feruloyl tartaric acid	$C_{14}H_{14}O_9$	10.74	$[M - H]^{-}$	326.0638	325.0565	325.0570	1.54	K&P
16	Caffeic acid 3-O-glucuronide	C <sub>15</sub> H <sub>16</sub> O <sub>10</sub>	13.12	$[M + H]^+$	356.0743	357.0816	357.0802	-3.92	K&P
17	3-Caffeoylquinic acid	C <sub>16</sub> H <sub>18</sub> O <sub>9</sub>	17.95	$[M - H]^{-}$	354.0951	353.0878	353.0891	3.68	* Keitt, K&P
18	Isoferulic acid	$C_{10}H_{10}O_4$	18.06	$[M - H]^{-}$	194.0579	193.0506	193.0510	2.07	K&P
19	Ferulic acid 4-O-glucoside	C <sub>16</sub> H <sub>20</sub> O <sub>9</sub>	18.08	$[M - H]^{-}$	356.1107	355.1034	355.1038	1.13	K&P
20	<i>p</i> -Coumaric acid 4-O-glucoside	$C_{15}H_{18}O_8$	19.10	[M – H] <sup>–</sup>	326.1002	325.0929	325.0914	-4.61	* Keitt, K&P
21	Chicoric acid	C <sub>22</sub> H <sub>18</sub> O <sub>12</sub>	20.21	$[M - H]^{-}$	474.0798	473.0725	473.0709	-3.38	Keitt
22	Sinapic acid	$C_{11}H_{12}O_5$	20.68	$[M + H]^{+}$	224.0685	225.0758	225.0764	2.67	K&P
23	Ferulic acid 4-sulfate	$C_{10}H_{10}O_7S$	21.33	$[M - H]^{-}$	274.0147	273.0074	273.0086	4.40	K&P
24	Ferulic acid 4-O-glucuronide	C <sub>16</sub> H <sub>18</sub> O <sub>10</sub>	21.83	$[M - H]^{-}$	370.0900	369.0827	369.0853	7.04	* Keitt, K&P
25	Sinapine	$C_{16}H_{24}NO_5$	24.56	$[M - H]^{-}$	310.1654	309.1581	309.1572	-2.91	Keitt
26	3-p-Coumaroylquinic acid	$C_{16}H_{18}O_8$	27.28	$[M + H]^+$	338.1002	339.1075	339.1086	3.24	Keitt
27	Verbascoside	C <sub>29</sub> H <sub>36</sub> O <sub>15</sub>	31.31	[M – H] <sup>–</sup>	624.2054	623.1981	623.1973	-1.28	Keitt
28	<i>p</i> -Coumaroyl tartaric acid	$C_{13}H_{12}O_8$	32.02	$[M + H]^+$	296.0532	297.0605	297.0600	-1.68	Keitt
	Hydroxyphenylacetic acids								
29	3,4-Dihydroxyphenylacetic acid	$C_8H_8O_4$	20.16	$[M - H]^{-} / * [M + H]^{+}$	168.0423	169.0496	169.0493	-1.77	* Keitt, K&P
	Hydroxyphenylpentanoic acids								
30	5-(3',5'-dihydroxyphenyl)-γ-valerolactone 3-O-glucuronide	C17H20O10	13.58	$[M - H]^{-}$	384.1056	383.0983	383.0995	3.13	Keitt
31	5-(3'-Methoxy-4'-hydroxyphenyl)-γ-valerolactone	$C_{12}H_{14}O_4$	19.10	$[M - H]^{-}$	222.0892	221.0819	221.0827	3.62	Keitt
32	5-(3',4'-dihydroxyphenyl)-valeric acid	$C_{11}H_{14}O_4$	24.61	$[M - H]^{-}$	210.0892	209.0819	209.0821	0.96	K&P

Table 2. Phenolic compounds detected and tentatively characterized in mango peel extracts by using liquid chromatography coupled to electrospray ionisation and quadrupole time of flight mass spectrometry (LC-ESI-QTOF-MS) in positive and negative ionisation modes.

Table 2. Cont.

No.	Proposed Compounds	Molecular Formula	RT (min)	Ionization Mode	Molecular Weight	Theoretical (m/z)	Observed (m/z)	Mass Error (ppm)	Mango Peel Samples
	Hydroxyphenylpropanoic acids								
33	Dihydroferulic acid 4-O-glucuronide	C <sub>16</sub> H <sub>20</sub> O <sub>10</sub>	10.86	[M – H] <sup>–</sup>	372.1056	371.0983	371.1008	6.74	K&P
34	3-Hydroxy-3-(3-hydroxyphenyl) propionic acid	$C_9H_{10}O_4$	82.03	$[M + H]^{+}$	182.0579	183.0652	183.0663	6.01	Keitt
Flavonoids									
	Anthocyanins								
35	Cyanidin 3-O-(6"-p-coumaroyl-glucoside)	C <sub>30</sub> H <sub>27</sub> O <sub>13</sub>	14.55	$[M + H]^+$	595.1452	596.1525	596.1508	-2.85	K&P
36	Vitisin A	C <sub>26</sub> H <sub>25</sub> O <sub>14</sub>	24.32	$[M - H]^{-}$	561.1244	560.1171	560.1155	-2.86	Keitt
37	4-O-Methyldelphinidin 3-O-D-glucoside	$C_{22}H_{23}O_{12}$	29.14	$[M - H]^{-}$	479.1190	478.1117	478.1094	-4.81	Keitt
38	Delphinidin 3-O-sambubioside	C <sub>26</sub> H <sub>29</sub> O <sub>16</sub>	34.04	[M – H] <sup>–</sup>	597.1456	596.1383	596.1367	-2.68	* Keitt, K&P
39	Isopeonidin 3-O-arabinoside	C <sub>21</sub> H <sub>21</sub> O <sub>10</sub>	37.36	[M – H] <sup>–</sup>	433.1135	432.1062	432.1059	-0.69	K&P
40	Delphinidin 3-O-glucoside	$C_{21}H_{21}O_{12}$	38.68	[M – H] <sup>–</sup>	465.1033	464.0960	464.0947	-2.80	* Keitt, K&P
41	Cyanidin 3-O-galactoside	$C_{21}H_{21}O_{11}$	43.35	[M – H] <sup>–</sup>	449.1084	448.1011	448.1002	-2.01	* Keitt, K&P
42	Delphinidin 3-O-arabinoside	C <sub>20</sub> H <sub>19</sub> O <sub>11</sub>	43.43	[M – H] <sup>–</sup>	435.0927	434.0854	434.0843	-2.53	* Keitt, K&P
43	4'-O-Methylcyanidin 3-O-D-glucoside	C <sub>22</sub> H <sub>23</sub> O <sub>11</sub>	74.49	[M – H] <sup>–</sup>	463.1240	462.1167	462.1167	0.	Keitt
44	Pelargonidin 3,5-O-diglucoside	C27H31ClO15	77.26	$[M + H]^{+}$	630.1351	631.1424	631.1408	-2.54	K&P
	Dihydrochalcones								
45	3-Hydroxyphloretin 2'-O-glucoside	C <sub>21</sub> H <sub>24</sub> O <sub>11</sub>	28.80	[M – H] <sup>–</sup>	452.1319	451.1246	451.1239	-1.55	* Keitt, K&P
46	3-Hydroxyphloretin 2'-O-xylosyl-glucoside	C <sub>26</sub> H <sub>32</sub> O <sub>15</sub>	38.83	[M – H] <sup>–</sup>	584.1741	583.1668	583.1665	-0.51	Keitt
47	Phloretin 2'-O-xylosyl-glucoside	C <sub>26</sub> H <sub>32</sub> O <sub>14</sub>	44.99	[M – H] <sup>–</sup>	568.1792	567.1719	567.1705	-2.47	Keitt
	Chalcones								
48	Xanthohumol	C <sub>21</sub> H <sub>22</sub> O <sub>5</sub>	77.48	$[M + H]^{+}$	354.1467	355.1540	355.1542	0.56	K&P
	Dihydroflavonols								
49	Dihydromyricetin 3-O-rhamnoside	C <sub>21</sub> H <sub>22</sub> O <sub>12</sub>	24.56	[M – H] <sup>–</sup>	466.1111	465.1038	465.1061	4.95	Keitt
50	Dihydroquercetin 3-O-rhamnoside	C <sub>21</sub> H <sub>22</sub> O <sub>11</sub>	30.33	[M – H] <sup>–</sup>	450.1162	449.1089	449.1112	5.12	Keitt
51	Dihydroquercetin	C <sub>15</sub> H <sub>12</sub> O <sub>7</sub>	38.88	[M – H] <sup>–</sup>	304.0583	303.0510	303.0521	3.63	Keitt
	Flavanols								
52	4'-O-Methylepigallocatechin	C <sub>16</sub> H <sub>16</sub> O <sub>7</sub>	7.63	$[M + H]^{+}$	320.0896	321.0969	321.0964	-1.56	Keitt
53	Procyanidin dimer B1	$C_{30}H_{26}O_{12}$	14.91	[M – H] <sup>–</sup>	578.1424	577.1351	577.1363	2.08	* Keitt, K&P
54	4'-O-Methyl-(-)-epigallocatechin 7-O-glucuronide	$C_{22}H_{24}O_{13}$	17.04	$[M + H]^+$	496.1217	497.1290	497.1312	4.43	Keitt
55	Procyanidin trimer C1	$C_{45}H_{38}O_{18}$	18.53	[M – H]-	866.2058	865.1985	865.2003	2.08	Keitt
56	(-)-Epicatechin	$C_{15}H_{14}O_{6}$	19.06	[M – H]-	290.0790	289.0717	289.0740	7.96	* Keitt, K&P
57	3'-O-Methyl-(-)-epicatechin 7-O-glucuronide	C <sub>22</sub> H <sub>24</sub> O <sub>12</sub>	30.34	[M – H]-	480.1268	479.1195	479.1225	6.26	Keitt
58	(-)-Epigallocatechin 3'-O-glucuronide	C <sub>21</sub> H <sub>22</sub> O <sub>13</sub>	31.01	$[M + H]^{+}$	482.1060	483.1133	483.1100	-6.83	Keitt
59	() 2p-Subscreechin 3-O-gallate		37.15	$[M - H]^{-}$	442.0900	441.0827	441.0850	5.21	* Keitt, K&P
	Flavanones	22 10 10			-		-		,
60	Hesperidin	C28H34O15	40.85	[M – H] <sup>–</sup>	610.1898	609.1825	609.1818	-1.15	Keitt
61	Hesperetin 3'-O-glucuronide	$C_{22}H_{22}O_{12}$	63.19	$[M + H]^+$	478.1111	479.1184	479.1162	-4.59	* Keitt, K&P

Table 2. Cont.

No.	Proposed Compounds	Molecular Formula	RT (min)	Ionization Mode	Molecular Weight	Theoretical (m/z)	Observed (m/z)	Mass Error (ppm)	Mango Peel Samples
	Flavones								
62	Apigenin 7-O-glucuronide	C <sub>21</sub> H <sub>18</sub> O <sub>11</sub>	11.34	$[M + H]^{+}$	446.0849	447.0922	447.0938	3.58	Keitt
63	Chrysoeriol 7-O-glucoside	C <sub>22</sub> H <sub>22</sub> O <sub>11</sub>	27.53	$[M + H]^{+}$	462.1162	463.1235	463.1204	-6.69	* Keitt, K&P
64	Apigenin 7-O-apiosyl-glucoside	$C_{26}H_{28}O_{14}$	31.26	$[M + H]^+$	564.1479	565.1552	565.1538	-2.48	K&P
65	Apigenin 6-C-glucoside	$C_{21}H_{20}O_{10}$	37.37	$[M + H]^{+}$	432.1056	433.1129	433.1108	-4.85	* Keitt, K&P
66	Apigenin 6,8-di-C-glucoside	C <sub>27</sub> H <sub>30</sub> O <sub>15</sub>	42.90	$[M - H]^{-}$	594.1585	593.1512	593.1506	-1.01	Keitt
67	6-Hydroxyluteolin 7-O-rhamnoside	C <sub>21</sub> H <sub>20</sub> O <sub>11</sub>	43.38	$[M - H]^{-} / [M + H]^{+}$	448.1006	449.1079	449.1064	-3.34	* Keitt, K&P
	Flavonols								
68	3-Methoxysinensetin	$C_{21}H_{22}O_8$	8.41	$[M - H]^{-}$	402.1315	401.1242	401.1245	0.75	Keitt
69	Quercetin 3'-O-glucuronide	C <sub>21</sub> H <sub>18</sub> O <sub>13</sub>	17.03	$[M + H]^{+}$	478.0747	479.0820	479.0802	-3.76	Keitt
70	Myricetin 3-O-rutinoside	C <sub>27</sub> H <sub>30</sub> O <sub>17</sub>	21.22	[M – H] <sup>–</sup>	626.1483	625.1410	625.1433	3.68	* Keitt, K&P
71	Quercetin 3-O-glucosyl-xyloside	C <sub>26</sub> H <sub>28</sub> O <sub>16</sub>	25.81	[M – H] <sup>–</sup>	596.1377	595.1304	595.1334	5.04	* Keitt, K&P
72	Kaempferol 3-O-glucosyl-rhamnosyl-galactoside	C33H40O20	37.10	$[M - H]^{-} / * [M + H]^{+}$	756.2113	757.2186	757.2154	-4.23	* Keitt, K&P
73	Kaempferol 3,7-O-diglucoside	C <sub>27</sub> H <sub>30</sub> O <sub>16</sub>	37.12	$[M - H]^{-}$	610.1534	609.1461	609.1451	-1.64	* Keitt, K&P
74	Myricetin 3-O-rhamnoside	$C_{21}H_{20}O_{12}$	38.69	$[M + H]^{+}$	464.0955	465.1028	465.1000	-6.02	* Keitt, K&P
75	Kaempferol 3-O-(2"-rhamnosyl-galactoside) 7-O-rhamnoside	$C_{33}H_{40}O_{19}$	39.35	$[M + H]^+$	740.2164	741.2237	741.2227	-1.35	K&P
76	Quercetin 3-O-arabinoside	C <sub>20</sub> H <sub>18</sub> O <sub>11</sub>	42.01	* [M – H] <sup>–</sup> /[M + H] <sup>+</sup>	434.0849	433.0776	433.0806	6.93	* Keitt, K&P
77	Myricetin	C <sub>15</sub> H <sub>10</sub> O <sub>8</sub>	56.02	[M – H] <sup>–</sup>	318.0376	317.0303	317.0309	1.89	K&P
78	Isorhamnetin	$C_{16}H_{12}O_7$	63.19	$[M + H]^+$	316.0583	317.0656	317.0641	-4.73	*Keitt, K&P
79	Isorhamnetin 3-O-glucoside 7-O-rhamnoside	$C_{28}H_{32}O_{16}$	63.25	$[M + H]^+$	624.1690	625.1763	625.1734	-4.64	K&P
80	3,7-Dimethylquercetin	$C_{17}H_{14}O_7$	72.75	$[M + H]^+$	330.0740	331.0813	331.0806	-2.11	Keitt
	Isoflavonoids								
81	2',7-Dihydroxy-4',5'-dimethoxyisoflavone	C <sub>17</sub> H <sub>14</sub> O <sub>6</sub>	14.01	$[M + H]^{+}$	314.0790	315.0863	315.0862	-0.32	Keitt
82	6"-O-Malonylgenistin	C <sub>24</sub> H <sub>22</sub> O <sub>13</sub>	17.04	$[M + H]^+$	518.1060	519.1133	519.1137	0.77	Keitt
83	3',4',5,7-Tetrahydroxyisoflavanone	C <sub>15</sub> H <sub>12</sub> O <sub>6</sub>	17.72	[M – H] <sup>–</sup>	288.0634	287.0561	287.0570	3.14	* Keitt, K&P
84	3'-Hydroxydaidzein	$C_{15}H_{10}O_5$	24.25	$[M + H]^{+}$	270.0528	271.0601	271.0612	4.06	K&P
85	5,6,7,3',4'-Pentahydroxyisoflavone	$C_{15}H_{10}O_7$	38.68	$[M - H]^{-} / [M + H]^{+}$	302.0427	303.0500	303.0482	-5.94	* Keitt, K&P
86	3'-Hydroxygenistein	$C_{15}H_{10}O_6$	43.38	$[M + H]^+$	286.0477	287.0550	287.0540	-3.48	* Keitt, K&P
87	Equol 7-O-glucuronide	$C_{21}H_{22}O_9$	59.79	$[M + H]^+$	418.1264	419.1337	419.1328	-2.15	K&P
Lignans	1 0								
88	Schisantherin A	C <sub>30</sub> H <sub>32</sub> O <sub>9</sub>	32.38	[M – H] <sup>–</sup>	536.2046	535.1973	535.1958	-2.80	Keitt
89	1-Acetoxypinoresinol	$C_{22}H_{24}O_8$	40.01	$[M + H]^+$	416.1471	417.1544	417.1530	-3.36	K&P
90	Schisandrol B	$C_{23}H_{28}O_7$	78.67	$[M + H]^+$	416.1835	417.1908	417.1906	-0.48	K&P

Tab	le 2.	Cont.	
-----	-------	-------	--

No.	Proposed Compounds	Molecular Formula	RT (min)	Ionization Mode	Molecular Weight	Theoretical (m/z)	Observed (m/z)	Mass Error (ppm)	Mango Peel Samples
Other polyp	henols								
	Hydroxycoumarins								
91	Esculetin	$C_9H_6O_4$	23.02	$[M - H]^{-}$	178.0266	177.0193	177.0202	5.08	K&P
92	4-Hydroxycoumarin	$C_9H_6O_3$	77.53	$[M + H]^+$	162.0317	163.0390	163.0387	-1.84	K&P
	Hydroxyphenylpropenes	, , , ,							
93	Anethole	$C_{10}H_{12}O$	22.77	$[M + H]^{+}$	148.0888	149.0961	149.0952	-6.04	Keitt
	Tyrosols								
94	Hydroxytyrosol	$C_8H_{10}O_3$	8.16	[M – H] <sup>–</sup>	154.0630	153.0557	153.0572	9.80	Keitt
95	Hydroxytyrosol 4-O-glucoside	C <sub>14</sub> H <sub>20</sub> O <sub>8</sub>	9.58	$[M - H]^{-}$	316.1158	315.1085	315.1069	-5.08	K&P
96	Demethyloleuropein	C <sub>24</sub> H <sub>30</sub> O <sub>13</sub>	19.39	$[M - H]^{-}$	526.1686	525.1613	525.1630	3.24	K&P
	Other polyphenols	21 00 10							
97	3,4-Dihydroxyphenylglycol	$C_8H_{10}O_4$	9.16	$[M + H]^+$	170.0579	171.0652	171.0641	-6.43	* Keitt, K&P
98	Pyrogallol	$C_6H_6O_3$	31.16	$[M - H]^{-/*} [M + H]^{+}$	126.0317	127.0390	127.0382	-6.30	* Keitt, K&P

\* Example sample used for the LC-ESI-QTOF/MS parameters gathering for each phenolic compound in the selected mode.

#### 3.3.2. Flavonoids and Their Derivatives

Flavonoid conjugates were the major class of the polyphenols detected in both mango peels, including nine subtypes: anthocyanins, chalcones, dihydrochalcones, flavanols, flavanones, flavones, flavonols, dihydroflavonols, and isoflavonoids. Flavonols, anthocyanins and flavanols were the main subtypes in mango peels. Most of the flavonoid conjugates were in the form of glycosides.

#### Anthocyanins Derivatives

Four out of ten glycosides of anthocyanins (Compound **38**, **40**, **41**, **42**) were tentatively identified in both mango peels, including three delphinidin 3-*O*-glycosides and one cyanidin 3-*O*-glycoside. Three delphinidin 3-*O*-glycosides were tentatively assigned as delphinidin 3-*O*-arabinoside (Compound **42**) with  $[M - H]^-$  at m/z 434.0843, delphinidin 3-*O*-glucoside (Compound **40**) with  $[M - H]^-$  at m/z 464.0947, and delphinidin 3-*O*-sambubioside (Compound **38**) with  $[M - H]^-$  at m/z 596.1367. The cyanidin glycoside was detected with the molecular formula C<sub>21</sub>H<sub>21</sub>O<sub>11</sub> and the precursor ion  $[M - H]^-$  at m/z 448.1002 (Compound **41**), tentatively characterized as cyanidin 3-*O*-galactoside. Berardini, et al. [23] also identified cyanidin 3-*O*-galactoside in "Tommy Atkins" mango peel.

Three anthocyanins derivatives (Compound **36**, **37**, **43**) were tentatively identified only in Keitt peel in the negative ESI<sup>-</sup> mode, including 4'-O-methylcyanidin 3-O-D-glucoside (Compound **43**,  $[M - H]^-$  at m/z 462.1167), 4-O-methyldelphinidin 3-O-D-glucoside (Compound **37**,  $[M - H]^-$  at m/z 478.1094), and vitisin A (Compound **36**,  $[M - H]^-$  at m/z 560.1155), respectively. However, three anthocyanins derivatives (Compound **35**, **39**, **44**) were tentatively identified only in K&P peel in both positive and negative ionization modes including isopeonidin 3-O-arabinoside (Compound **39**,  $[M - H]^-$  at m/z 432.1059), pelargonidin 3,5-O-diglucoside (Compound **44**,  $[M + H]^+$  at m/z 631.1408), and cyanidin 3-O-(6"-*p*-coumaroyl-glucoside) (Compound **35**,  $[M + H]^+$  at m/z 596.1508). respectively. Berardini, Fezer, Conrad, Beifuss, Carle, and Schieber [23] also characterized methylcyanidin glycosides derivatives, 7-O-methylcyanidin 3-O- $\beta$ -D-galactopyranoside, from the peel of Tommy Atkins mango. Anthocyanin derivatives were previously identified and found that mango peels contain less anthocyanin as compared with other fruit by-products, such as grape pomace [23,24].

## **Flavones Derivatives**

Flavones that were detected in mango peel by-products were mainly glycosides and C-glycosides of apigenins. Four out of six flavones derivatives were tentatively identified as apigenin glycosides, which were detected in both mango peels (Compound **65**), apigenin 6-C-glucoside,  $[M + H]^+$  at m/z 433.1108), two only in Keitt peel (Compound **62**), apigenin 7-O-glucuronide,  $[M + H]^+$  at m/z 447.0938; Compound **66**, apigenin 6,8-di-C-glucoside,  $[M + H]^-$  at m/z 593.1506, and one only in K&P peel (Compound **64**), apigenin 7-O-apiosyl-glucoside,  $[M + H]^+$  at m/z 565.1538.

Apart from apigenin 6-C-glucoside, another two flavones, chrysoeriol 7-O-glucoside (Compound **63**) and 6-hydroxyluteolin 7-O-rhamnoside (Compound **67**), were also detected in two mango peels in both positive and negative ionization modes. Lasano, et al. [25] previously identified apigenin in *Mangifera odorata* fruit, a hybrid mango specie [26]. The detected flavones derivatives were in agreement with Masibo and He [27] and accumulate in fruit as glycosides with sugar.

## Flavonols Derivatives

In the present work, seven out of thirteen flavonols derivatives (Compound **70**, **71**, **72**, **73**, **74**, **76**, **78**) were tentatively characterized in both mango peels, including two kaempferol glycosides, two quercetin 3-*O*-glycosides, two myricetin 3-*O*-glycosides, and isorhamnetin (Compound **78**,  $[M + H]^+$  at m/z 317.0656). Two kaempferol-*O*-glycosides tentatively identified in both mango peels include kaempferol 3,7-*O*-diglucoside (Compound **73**) with  $[M - H]^-$  at m/z 609.1451, and kaempferol 3-*O*-glucosyl-rhamnosyl-galactoside (Compound **72**), with  $[M + H]^+$  at m/z 757.2154 and  $[M - H]^-$  at m/z 755.2030, respectively.

Two quercetin 3-*O*-glycosides that were tentatively identified in both mango peels include quercetin 3-*O*-arabinoside (Compound **76**) with  $[M - H]^-$  at m/z 433.0806 and  $[M + H]^+$  at m/z 435.0904, and quercetin 3-*O*-glucosyl-xyloside (Compound **71**) with  $[M - H]^-$  at m/z 595.1334. Quercetin 3-*O*-arabinoside was previously identified in mango puree by Schieber, et al. [28]. They also reported six different derivates of quercetin and five different derivates of kaempferol glycosides while using HPLC-MS analysis.

Two myricetin 3-*O*-glycosides tentatively characterized in both mango peels include myricetin 3-*O*-rhamnoside (Compound 74) with  $[M + H]^+$  at m/z 465.1000, and myricetin 3-*O*-rutinoside (Compound 70) with  $[M - H]^-$  at m/z 625.1433.

Three flavonol derivatives (Compound **68**, **69**, **80**) were tentatively characterized only in Keitt peel in both positive and negative ionization modes, including 3-methoxysinensetin (Compound **68**) with  $[M - H]^-$  at m/z 401.1245 and two quercetin derivatives: 3,7-dimethylquercetin (Compound **80**,  $[M + H]^+$  at m/z 331.0806) and quercetin 3'-O-glucuronide (Compound **69**) with  $[M + H]^+$  at m/z 479.0802, respectively. Three flavonols derivatives (Compound **75**, **77**, **79**) were only tentatively characterized in K&P peel in both positive and negative ionization modes, including kaempferol 3-O-(2"-rhamnosyl-galactoside) 7-O-rhamnoside (Compound **75**) with  $[M + H]^+$  at m/z 741.2227, myricetin (Compound **77**) with  $[M - H]^-$  at m/z 317.0309 and isorhamnetin 3-O-glucoside 7-O-rhamnoside (Compound **79**) with  $[M + H]^+$  at m/z 625.1734. Lasano, Hamid, Karim, Dek, Shukri, and Shazini Ramli [25] identified myricetin and some flavonol derivative in mango kernel. Myricetin and kaempferol have been reported to show strong anti-diabetic and anti-oxidant activities [26].

## Isoflavonoids Derivatives

In present work, three out of seven different isoflavonoids derivatives (Compound **83**, **85**, **86**) were tentatively identified in two mango peels in both positive and negative ionization modes. Compound (**86**), showing  $[M + H]^+$  at m/z 287.0540, were tentatively assigned as 3'-hydroxygenistein. Two hydroxyisoflavone derivatives were also present, including 5,6,7,3',4'-pentahydroxyisoflavone (Compound **85**) with  $[M + H]^+$  at m/z 303.0482 and  $[M - H]^-$  at m/z 301.0375, and 3',4',5,7-tetrahydroxyisoflavanone (Compound **83**) with  $[M - H]^-$  at m/z 287.0570. Two isoflavonoids were only found in Keitt peel in ESI<sup>+</sup> mode  $[M + H]^+$ , being tentatively characterized as 2',7-dihydroxy-4',5'-dimethoxyisoflavone (Compound **81**) and 6''-O-malonylgenistin (Compound **82**). While two isoflavonoids were only identified in K&P peel in ESI+ mode  $[M + H]^+$ , being tentatively characterized as 3'-hydroxydaidzein (Compound **84**) and equol 7-O-glucuronide (Compound **87**) with  $[M + H]^+$  at m/z 271.0612 and 419.1328, respectively. Isoflavonoids compounds are commonly found in legumes [29]. To the best of our knowledge, this is the first time that isoflavonoids compounds were identified and characterized in mango fruit.

## Other Derivatives of Flavonoid

Dihydroflavonols was only present in Keitt peel in ESI- mode  $[M - H]^-$ , including three compounds tentatively characterized as dihydromyricetin 3-*O*-rhamnoside (Compound **49**), dihydroquercetin 3-*O*-rhamnoside (Compound **50**) and dihydroquercetin (Compound **51**). Chalcone was only detected in K&P peel (Compound **48**) with  $[M + H]^+$  at m/z 355.1542, RT = 77.48 min, which was tentatively characterized as xanthohumol.

# 3.3.3. Lignan and Other Polyphenol Derivatives

Three lignans were detected in both mango peel by-products, including schisantherin A in Keitt peel (Compound **88**) and 1-acetoxypinoresinol and schisandrol B in K&P peel (Compound **89**, **90**). There were four subtypes of other polyphenols found in the mango peels, including hydroxycoumarins, hydroxyphenylpropenes, tyrosols, and other polyphenols. Hydroxycoumarins and hydroxyphenylpropenes were only detected in K&P peel and Keitt peel, respectively. To our best knowledge, this is the first report of lignan derivatives identified in mango peel.

Two other polyphenol derivatives were detected in both peels in positive and negative ionization modes. Compound (97) with  $[M + H]^+$  at m/z 171.0641 was tentatively identified as 3,4-dihydroxyphenylglycol. Compound (98) with  $[M + H]^+$  at m/z 127.0382 and  $[M - H]^-$  at m/z 125.0250 was tentatively identified as pyrogallol. One hydroxyphenylpropenes was only present in Keitt peel (Compound 93) with  $[M + H]^+$  at m/z 149.0952 and was tentatively identified as anethole, which was previously also identified by Pino, et al. [30] in fifteen different mango cultivars. However, two hydroxycoumarins were only detected in K&P peel being esculetin (Compound 91) with  $[M - H]^-$  at m/z 177.0202, and 4-hydroxycoumarin (Compound 92) with  $[M + H]^+$  at at m/z 163.0387.

# 3.4. Quantitative Determination of Polyphenols by HPLC-PDA

The HPLC technique is widely used to separate and quantify the phenolic compounds. Thirteen polyphenols were targeted to quantify through HPLC-PDA, including six phenolic acids (Caffeic acid, chlorogenic acid, gallic acid, *p*-hydroxybenzoic acid, protocatechuic acid, and syringic acid), 7 flavonoids (Catechin, epicatechin gallate, kaempferol, kaempferol-3-glucoside, quercetin, quercetin-3-galactoside, and quercetin-3-glucuronide) based on the LC-ESI-QTOF/MS characterization (Figures S2–S4—Supplementary Materials) and previously reported antioxidant activities.

Table 3 shows the data of the targeted polyphenol compounds in both mango peel samples quantified using HPLC-PDA. Six phenolic acids and six flavonoids were common in both mango peels apart from quercetin-3-glucuronide, which was only detected in Keitt peel extract sample. In the HPLC results, polyphenols were significantly higher in Keitt peel extract as compared to K&P peel samples. These HPLC results support our previously measured polyphenols (TPC, TFC, and TTC) and antioxidant activities (DPPH, FRAP, and ABTS) while using spectrophotometric assays. Syringic acid, catechin, and quercetin were the most abundant polyphenols quantified in both mango peel samples. Catechin and quercetin have antioxidant, anticancer, anti-inflammatory, anti-aging, and cardio-protection properties [31,32]. Meneses, et al. [33] extracted the polyphenols from mango by-product (mainly mang peel) while using supercritical fluid extraction technique and reported the concentrations of quercetin, quercetin-3-galactoside, and kaempferol in the range of 0.48–0.61, 9.96–11.49, and 0.08–0.11, respectively. Previously, López-Cobo et al. [17] also reported polyphenols from Keitt mango peel, including gallic acid (0.12 mg/g<sub>d.w.</sub>), syringic acid (0.07 mg/g<sub>d.w.</sub>), catechin (0.11 mg/g<sub>d.w</sub>), and quercetin-3-galactoside (0.16 mg/g<sub>d.w</sub>), extracted with 80% methanol extract. Ribeiro, et al. [34] measured quercetin, quercetin-3-galactoside, and kaempferol-3-glucoside content in Ubá mango peel, which is slightly lower than our reported values. The differences in phenolic contents can be associated with different extraction method and choice of solvents which can effect polyphenol extraction efficiency [35].

Hu, Dars, Liu, Xie, and Sun [18] reported the concentration of gallic acid in different mango peels extracted in the range of 0.08–0.59 mg/g. One of the studies investigated six diffent mango peels and showed that catechin and quercetin-3-galactoside are major polyphenols with concentrations of 252.8 and 242.9  $\mu$ g/g<sub>d.w.</sub>, respectively. The study also reported that the content of polyphenols in mango peels significantly decreased during the post-harvest period. During the 6-day post-harvest period, the concentration of catechin and quercetin-3-galactoside reduced 42–93% and 41–76%, respectively [4]. Overall, the concentrations of phenolic compounds are affected by both the cultivars and maturity level of mango fruit.

The characterization and quantification of polyphenolic compounds showed that some of the polyphenols presented in two mango peel samples have strong antioxidant potential. Hydroxycinnamic acids derivatives, hydroxybenzoic acids and their derivatives, protocatechuic acid, chlorogenic acid, catechin, matairesinol, hydroxytyrosol, quercetin, and kaempferol derivatives are regarded as potential compounds showing considerable free radical scavenging capacity [36–38]. The presence of these antioxidant compounds indicates that mango peel by-products can be good sources of polyphenols and antioxidant potential. In short, both mango peel samples are a good source of polyphenols and could be utilized in food, feed, and pharmaceutical industries.

No	Compound Name	Molecular Formula	RT (min)	Standard Equation	Keitt Peel (mg/g <sub>d.w.</sub> )	K&P Peel (mg/g <sub>d.w.</sub> )	Polyphenol Class
1	Gallic acid	$C_7H_6O_5$	6.836	y = 2531.9x + 12238	$0.47\pm0.02$	$9.06\pm0.01$	Phenolic acids
2	Protocatechuic acid	$C_7H_6O_4$	12.569	y = 1824x - 16182	$0.31 \pm 0.01$	$0.28 \pm 0.01$	Phenolic acids
3	p-Hydroxybenzoic acid	$C_7H_6O_3$	20.240	y = 1387.5x + 5575.1	$4.45 \pm 0.03$	$1.84\pm0.01$	Phenolic acids
4	Chlorogenic acid	C <sub>16</sub> H <sub>18</sub> O <sub>9</sub>	20.579	y = 3043.6x + 4706.3	$2.32 \pm 0.01$	$0.12 \pm 0.02$	Phenolic acids
5	Caffeic acid	$C_9H_8O_4$	25.001	y = 5622.4x + 23944	$0.14 \pm 0.01$	$0.05 \pm 0.01$	Phenolic acids
6	Syringic acid	$C_9H_{10}O_5$	26.739	y = 2900.6x + 65091	$9.30 \pm 0.01$	$17.78 \pm 0.01$	Phenolic acids
7	Catechin	$C_{15}H_{14}O_{6}$	19.704	y = 779.41x + 2373.3	$62.32 \pm 0.01$	$10.98\pm0.01$	Flavonoids
8	Epicatechin gallate	$C_{22}H_{18}O_{10}$	38.015	y = 22958x - 26657	$0.12 \pm 0.01$	$0.04 \pm 0.01$	Flavonoids
9	Quercetin-3-galactoside	$C_{21}H_{20}O_{12}$	40.134	y = 23472x + 185001	$4.09 \pm 0.02$	$0.23 \pm 0.01$	Flavonoids
10	Quercetin-3-glucuronide	C <sub>21</sub> H <sub>18</sub> O <sub>13</sub>	40.659	y = 20578x - 36888	$0.16 \pm 0.01$	-	Flavonoids
11	Kaempferol-3-glucoside	$C_{21}H_{20}O_{11}$	47.111	y = 22405x - 33766	$0.38 \pm 0.01$	$0.28 \pm 0.03$	Flavonoids
12	Quercetin	$C_{15}H_{10}O_7$	70.098	y = 2585.7x - 29267	$39.48 \pm 0.01$	$1.25 \pm 0.02$	Flavonoids
13	Kaempferol	$C_{15}H_{10}O_{6}$	80.347	y = 4425.8x - 110841	$2.41\pm0.04$	$0.87\pm0.01$	Flavonoids

**Table 3.** Quantification of targeted phenolic compounds by high-performance liquid chromatography (HPLC) in mango peels.

# 4. Conclusions

Based on the research, it was found that the Keitt peel sample has higher level of phenolic compounds (TPC, TFC, TTC) and higher antioxidant potential (DPPH, FRAP, and ABTS) as compared to the K&P peel sample. The LC-ESI-QTOF/MS analysis was successfully applied to separate and identify the phenolic profile in the peel of mango Keitt and Kensington Pride. By using this method, a total of 63 and 71 polyphenols were tentatively characterized in K&P peel and Keitt peel, respectively. Among the identified polyphenols, phenolic acids and flavonoids are the most common polyphenols present in two mango varieties. The HPLC result was also consistent with the result of antioxidant assays, which indicated that Keitt peel could be a good source of antioxidant polyphenols. Moreover, the obtained results could support the commercialization of mango peel by-products as an ingredient of functional food, nutraceuticals, and pharmaceutical development.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/2227-9717/7/10/764/s1. Table (1S). Phenolic compounds detected and tentatively characterised in Keitt peel extracts by using LC-ESI-QTOF/MS in both positive and negative ionisation modes. Table (2S). Phenolic compounds detected and tentatively characterised in K&P peel extracts by using LC-ESI-QTOF/MS in both positive and negative ionisation modes. Table (2S). Phenolic compounds detected and tentatively characterised in K&P peel extracts by using LC-ESI-QTOF/MS in both positive and negative ionisation modes. Figure (1S): LC-ESI-QTOF/MS basic peak chromatograph (BPC) for characterization of phenolic compounds of mango peel samples; (a) Keitt peel Base Peak Chromatogram (BPC) in negative ionization mode; (b) Keitt peel BPC in positive ionization mode; (c) K&P peel BPC in negative ionization mode; (d) K&P peel BPC in positive ionization mode; (e) A chromatograph of gallic acid (Compound 1, K&P mango peel extract, Table 2), Retention time (RT = 6.734) in the negative mode of ionization (ESI-/[M-H]<sup>-</sup>); (f) Mass spectra of gallic acid showing an observed *m*/*z* 169.0150.

Author Contributions: Conceptualization, methodology, validation and investigation, H.A.R.S., F.D., D.P., H.F.Z., S.A.; resources, H.A.R.S. and F.R.D.; writing—original draft preparation, D.P. and H.A.R.S.; writing—review and editing, H.A.R.S., S.A. and F.R.D.; supervision, H.A.R.S. and F.R.D.; funding acquisition, H.A.R.S., K.H. and F.R.D.

**Funding:** This research was funded by the University of Melbourne under the "McKenzie Fellowship Scheme" and the "Faculty Research Initiative Funds" funded by the Faculty of Veterinary and Agricultural Sciences, The University of Melbourne, Australia.

Acknowledgments: We would like to thank Nicholas Williamson, Shuai Nie and Michael Leeming from the Mass Spectrometry and Proteomics Facility, Bio21 Molecular Science and Biotechnology Institute, The University of Melbourne, VIC, Australia for providing access and support for the use of HPLC and LC-QTOF-ESI/MS and data analysis. We would also like to thank for Kate Howell, Chunhe Gu, Rana Dildar Khan, Chao Ma, Jiafei Tang, Biming Zhong, Yuying Feng, Danwei Yang and Yasir Iqbal from the School of Agriculture and Food, Faculty of Veterinary and Agricultural Sciences, The University of Melbourne for their incredible support.

**Conflicts of Interest:** The authors declare no conflict of interest.

# References

- 1. FAO. *Value of Agricultural Production;* Food and Agriculture Ognization of the United Nations: Rome, Italy, 2018.
- 2. Ajila, C.M.; Naidu, K.A.; Bhat, S.G.; Rao, U.J.S.P. Bioactive compounds and antioxidant potential of mango peel extract. *Food Chem.* **2007**, *105*, 982–988. [CrossRef]
- 3. Iqbal, M.; Saeed, A.; Zafar, S.I. FTIR spectrophotometry, kinetics and adsorption isotherms modeling, ion exchange, and EDX analysis for understanding the mechanism of Cd2+ and Pb2+ removal by mango peel waste. *J. Hazard. Mater.* **2009**, *164*, 161–171. [CrossRef] [PubMed]
- 4. Monribot-Villanueva, J.L.; Elizalde-Contreras, J.M.; Aluja, M.; Segura-Cabrera, A.; Birke, A.; Guerrero-Analco, J.A.; Ruiz-May, E. Endorsing and extending the repertory of nutraceutical and antioxidant sources in mangoes during postharvest shelf life. *Food Chem.* **2019**, *285*, 119–129. [CrossRef] [PubMed]
- 5. Naczk, M.; Shahidi, F. Phenolics in cereals, fruits and vegetables: Occurrence, extraction and analysis. *J. Pharm. Biomed. Anal.* **2006**, *41*, 1523–1542. [CrossRef]
- 6. Farrés-Cebrián, M.; Seró, R.; Saurina, J.; Núñez, O. HPLC-UV polyphenolic profiles in the classification of olive oils and other vegetable oils via principal component analysis. *Separations* **2016**, *3*, 33. [CrossRef]
- 7. Shahidi, F.; Zhong, Y. Measurement of antioxidant activity. J. Funct. Foods 2015, 18, 757–781. [CrossRef]

- 8. Dorta, E.; González, M.; Lobo, M.G.; Sánchez-Moreno, C.; de Ancos, B. Screening of phenolic compounds in by-product extracts from mangoes (*Mangifera indica* L.) by HPLC-ESI-QTOF-MS and multivariate analysis for use as a food ingredient. *Food Res. Int.* **2014**, *57*, 51–60. [CrossRef]
- 9. Pierson, J.T.; Monteith, G.R.; Roberts-Thomson, S.J.; Dietzgen, R.G.; Gidley, M.J.; Shaw, P.N. Phytochemical extraction, characterisation and comparative distribution across four mango (*Mangifera indica* L.) fruit varieties. *Food Chem.* **2014**, *149*, 253–263. [CrossRef]
- Gu, C.; Howell, K.; Dunshea, F.R.; Suleria, H.A.R. LC-ESI-QTOF/MS characterisation of phenolic acids and flavonoids in polyphenol-rich fruits and vegetables and their potential antioxidant activities. *Antioxidants* 2019, *8*, 405. [CrossRef]
- Severo, J.; Tiecher, A.; Chaves, F.C.; Silva, J.A.; Rombaldi, C.V. Gene transcript accumulation associated with physiological and chemical changes during developmental stages of strawberry cv. Camarosa. *Food Chem.* 2011, 126, 995–1000. [CrossRef]
- Lamien-Meda, A.; Lamien, C.; Compaoré, M.; Meda, R.; Kiendrebeogo, M.; Zeba, B.; Millogo, J.; Nacoulma, O. Polyphenol content and antioxidant activity of fourteen wild edible fruits from burkina faso. *Molecules* 2008, 13, 581–594. [CrossRef] [PubMed]
- Rebaya, A.; Belghith, S.I.; Baghdikian, B.; Leddet, V.M.; Mabrouki, F.; Olivier, E.; Cherif, J.; Ayadi, M.T. Total phenolic, total flavonoid, tannin content, and antioxidant capacity of halimium halimifolium (cistaceae). *J. Appl. Pharm. Sci.* 2014, *5*, 52–57.
- Sogi, D.S.; Siddiq, M.; Greiby, I.; Dolan, K.D. Total phenolics, antioxidant activity, and functional properties of 'tommy atkins' mango peel and kernel as affected by drying methods. *Food Chem.* 2013, 141, 2649–2655. [CrossRef] [PubMed]
- 15. Dorta, E.; Lobo, M.G.; González, M. Using drying treatments to stabilise mango peel and seed: Effect on antioxidant activity. *LWT Food Sci. Technol.* **2012**, *45*, 261–268. [CrossRef]
- 16. Molyneux, P. The use of the stable free radical diphenylpicrylhydrazyl (DPPH) for estimating antioxidant activity. *Songklanakarin J. Sci. Technol.* **2004**, *26*, 211–219.
- López-Cobo, A.; Verardo, V.; Diaz-de-Cerio, E.; Segura-Carretero, A.; Fernández-Gutiérrez, A.; Gómez-Caravaca, A.M. Use of HPLC- and GC-QTOF to determine hydrophilic and lipophilic phenols in mango fruit (*Mangifera indica* L.) and its by-products. *Food Res. Int.* 2017, 100, 423–434.
- Hu, K.; Dars, A.G.; Liu, Q.; Xie, B.; Sun, Z. Phytochemical profiling of the ripening of chinese mango (*Mangifera indica* L.) cultivars by real-time monitoring using UPLC-ESI-QTOF-MS and its potential benefits as prebiotic ingredients. *Food Chem.* 2018, 256, 171–180. [CrossRef]
- 19. Ajila, C.M.; Jaganmohan Rao, L.; Prasada Rao, U.J.S. Characterization of bioactive compounds from raw and ripe *Mangifera indica* L. Peel extracts. *Food Chem. Toxicol.* **2010**, *48*, 3406–3411. [CrossRef]
- 20. Abdalla, A.E.; Darwish, S.M.; Ayad, E.H.; El-Hamahmy, R.M. Egyptian mango by-product 1. Compositional quality of mango seed kernel. *Food Chem.* **2007**, *103*, 1134–1140. [CrossRef]
- Kim, Y.; Brecht, J.K.; Talcott, S.T. Antioxidant phytochemical and fruit quality changes in mango (*Mangifera indica* L.) following hot water immersion and controlled atmosphere storage. *Food Chem.* 2007, 105, 1327–1334. [CrossRef]
- 22. Belščak-Cvitanović, A.; Durgo, K.; Huđek, A.; Bačun-Družina, V.; Komes, D. 1—Overview of polyphenols and their properties. In *Polyphenols: Properties, Recovery, and Applications;* Galanakis, C.M., Ed.; Woodhead Publishing: Sawston, UK, 2018; pp. 3–44.
- 23. Berardini, N.; Fezer, R.; Conrad, J.; Beifuss, U.; Carle, R.; Schieber, A. Screening of mango (*Mangifera indica* L.) cultivars for their contents of flavonol O-and Xanthone C-Glycosides, anthocyanins, and Pectin. *J. Agric. Food Chem.* **2005**, *53*, 1563–1570. [CrossRef] [PubMed]
- 24. Karanjalker, G.R.; Ravishankar, K.V.; Shivashankara, K.S.; Dinesh, M.R.; Roy, T.K.; Sudhakar Rao, D.V. A study on the expression of genes involved in carotenoids and anthocyanins during ripening in fruit peel of green, yellow, and red colored mango cultivars. *Appl. Biochem. Biotechnol.* **2018**, *184*, 140–154. [CrossRef] [PubMed]
- 25. Lasano, N.F.; Hamid, A.H.; Karim, R.; Dek, M.S.P.; Shukri, R.; Shazini Ramli, N. Nutritional composition, anti-diabetic properties and identification of active compounds using UHPLC-ESI-orbitrap-MS/MS in *Mangifera odorata* L. Peel and seed kernel. *Molecules* **2019**, *24*, 320. [CrossRef] [PubMed]
- Wang, H.; Du, Y.-J.; Song, H.-C. A-glucosidase and α-amylase inhibitory activities of guava leaves. *Food Chem.* 2010, 123, 6–13. [CrossRef]

- 27. Masibo, M.; He, Q. Major mango polyphenols and their potential significance to human health. *Compr. Rev. Food Sci. Food Saf.* **2008**, *7*, 309–319. [CrossRef]
- 28. Schieber, A.; Ullrich, W.; Carle, R. Characterization of polyphenols in mango puree concentrate by HPLC with diode array and mass spectrometric detection. *Innov. Food Sci. Emerg. Technol.* **2000**, *1*, 161–166. [CrossRef]
- 29. Lattanzio, V. Bioactive polyphenols: Their role in quality and storability of fruit and vegetables. *J. Appl. Bot.* **2003**, *77*, 128–146.
- 30. Pino, J.A.; Mesa, J.; Munoz, Y.; Martí, M.P.; Marbot, R. Volatile components from mango (*Mangifera indica* L.) cultivars. *J. Agric. Food Chem.* **2005**, *53*, 2213–2223. [CrossRef]
- 31. Boots, A.W.; Haenen, G.R.M.M.; Bast, A. Health effects of quercetin: From antioxidant to nutraceutical. *Eur. J. Pharmacol.* **2008**, *585*, 325–337. [CrossRef]
- Zanwar, A.A.; Badole, S.L.; Shende, P.S.; Hegde, M.V.; Bodhankar, S.L. Chapter 21—Antioxidant role of catechin in health and disease. In *Polyphenols in Human Health and Disease*; Watson, R.R., Preedy, V.R., Zibadi, S., Eds.; Academic Press: San Diego, CA, USA, 2014; pp. 267–271.
- Meneses, M.A.; Caputo, G.; Scognamiglio, M.; Reverchon, E.; Adami, R. Antioxidant phenolic compounds recovery from *Mangifera indica* L. By-products by supercritical antisolvent extraction. *J. Food Eng.* 2015, 163, 45–53. [CrossRef]
- 34. Ribeiro, S.; Barbosa, L.; Queiroz, J.; Knödler, M.; Schieber, A. Phenolic compounds and antioxidant capacity of brazilian mango (*Mangifera indica* L.) varieties. *Food Chem.* **2008**, *110*, 620–626. [CrossRef]
- 35. Ismail, B.B.; Pu, Y.; Guo, M.; Ma, X.; Liu, D. Lc-ms/qtof identification of phytochemicals and the effects of solvents on phenolic constituents and antioxidant activity of baobab (adansonia digitata) fruit pulp. *Food Chem.* **2019**, *277*, *279–288*. [CrossRef] [PubMed]
- 36. Grzesik, M.; Naparlo, K.; Bartosz, G.; Sadowska-Bartosz, I. Antioxidant properties of catechins: Comparison with other antioxidants. *Food Chem.* **2018**, *241*, 480–492. [CrossRef] [PubMed]
- Martínez, L.; Ros, G.; Nieto, G. Hydroxytyrosol: Health benefits and use as functional ingredient in meat. *Medicines* 2018, 5, 13. [CrossRef]
- Shang, Y.; Liu, B.; Zhao, M. Details of the antioxidant mechanism of hydroxycinnamic acids. *Czech J. Food Sci.* 2016, 33, 210–216. [CrossRef]



© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).