

**Table S1: Risk of bias assessment**

	Random sequence generation	Allocation concealment	Blinding of participants and personnel	Blinding of outcome assessment	incomplete outcome data	Selective reporting	Other Bias	overall risk of bias
<b>Nevins 2011</b>	+	+	-	-	+	+	?	High Risk of Bias
<b>Lee 2019</b>	+	+	+	?	+	+	+	Low Risk of Bias
<b>Lee 2020</b>	+	+	+	?	+	+	+	Low Risk of Bias
<b>Mercado 2021 Single center RCT Australia</b>	+	+	-	+	+	+	+	Low Risk of Bias
<b>Bonta 2022 Single center RCT Argentina</b>	+	+	?	?	+	+	+	High Risk of Bias