## Supplementary Materials

## Anti-adipogenic effect of $\beta$-carboline Alkaloids from garlic (Allium sativum)

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Figure S1. DP4+ analysis of compound 5 with isomers ( $1 S, 3 S$ )-5 (Isomer 1 ) and ( $1 R, 3 S$ )-5 (Isomer 2).

| Functional |  | Solvent? |  | Basis Set |  | Type of Data |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B3LYP |  | PCM |  | 6-31G(d) |  | Unscaled Shifts |  |
|  |  | DP4+ | 98.54\% | -1ll $1.46 \%$ | - | - | - |
| Nuclei | sp2? | Experimental | Isomer 1 | Isomer 2 | Isomer 3 | Isomer 4 | Isomer 5 |
| H | x | 7.14 | 6.6 | 6.6 |  |  |  |
| H | x | 7.05 | 6.6 | 6.6 |  |  |  |
| H | x | 7.34 | 6.5 | 6.5 |  |  |  |
| H | x | 7.48 | 6.9 | 6.9 |  |  |  |
| H |  | 4.7 | 3.9 | 3.6 |  |  |  |
| H |  | 3.95 | 3.2 | 3.3 |  |  |  |
| H |  | 3.44 | 2.57 | 2.6 |  |  |  |
| H |  | 3.02 | 1.89 | 1.8 |  |  |  |
| H |  | 1.75 | 1.172685634 | 1.27 |  |  |  |
| H |  | 1.75 | 0.568769511 | 1.33 |  |  |  |
| H |  | 1.75 | 1.441724664 | 0.85 |  |  |  |


$(1 S, 3 S)-5$

$(1 R, 3 S)-5$

Figure S2. DP4+ analysis of compound 6 with isomers ( $1 S, 3 S$ )-6 (Isomer 1 ) and ( $1 R, 3 S$ )-6 (Isomer 2).

| Functional |  | Solvent? |  | Basis Set |  | Type of Data |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B3LYP |  | PCM |  | 6-31G(d) |  | Unscaled Shifts |  |
|  |  | DP4+ | (lll 0.54\% | - 99.46\% | - | - | - |
| Nuclei | sp2? | Experimental | Isomer 1 | Isomer 2 | Isomer 3 | Isomer 4 | Isomer 5 |
| h | x | 7.12 | 6.6 | 6.6 |  |  |  |
| h | x | 7.03 | 6.6 | 6.6 |  |  |  |
| h | x | 7.31 | 6.5 | 6.5 |  |  |  |
| h | x | 7.47 | 6.9 | 6.9 |  |  |  |
| h |  | 4.09 | 3.2 | 3.3 |  |  |  |
| h |  | 3.14 | 1.9 | 1.8 |  |  |  |
| h |  | 1.7 | 1.2 | 1.3 |  |  |  |
| h |  | 1.7 | 0.6 | 1.3 |  |  |  |
| h |  | 1.7 | 1.4 | 0.9 |  |  |  |


$(1 S, 3 S)-6$

$(1 R, 3 S)-6$

Table S1. The computed ${ }^{1} \mathrm{H}$ NMR data for $(1 S, 3 S)-5$ and $(1 R, 3 S)-5$.

| No. | $\mathbf{5}$ | $\delta_{\text {exp }}$ | $(1 S, 3 S)-\mathbf{5}$ |  | $(1 R, 3 S)-\mathbf{5}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\delta_{\text {cal }}(\mathrm{ppm})$ | $\Delta \delta$ | $\delta_{\text {cal }}(\mathrm{ppm})$ | $\Delta \delta$ |
| $\mathbf{1}$ | 6 | 7.14 | 6.61 | 0.53 | 6.61 | 0.53 |
| $\mathbf{2}$ | 7 | 7.05 | 6.64 | 0.41 | 6.64 | 0.41 |
| $\mathbf{3}$ | 8 | 7.34 | 6.48 | 0.86 | 6.46 | 0.88 |
| $\mathbf{4}$ | 5 | 7.48 | 6.88 | 0.60 | 6.89 | 0.59 |
| $\mathbf{5}$ | 1 | 4.7 | 3.91 | 0.79 | 3.55 | 1.15 |
| $\mathbf{6}$ | 3 | 3.95 | 3.22 | 0.73 | 3.32 | 0.63 |
| $\mathbf{7}$ | 4 | 3.44 | 2.57 | 0.87 | 2.59 | 0.85 |
| $\mathbf{8}$ | $4 "$ | 3.02 | 1.89 | 1.13 | 1.76 | 1.26 |
| $\mathbf{9}$ | 10 | 1.75 | 1.17 | 0.58 | 1.27 | 0.48 |
| $\mathbf{1 0}$ | 10 | 1.75 | 0.57 | 1.18 | 1.33 | 0.42 |
| $\mathbf{1 1}$ | 10 | 1.75 | 1.44 | 0.31 | 0.85 | 0.90 |
| $\mathbf{M A D}^{\mathbf{b}}$ |  |  |  |  |  |  |
|  | $\mathbf{L A D}^{\mathbf{a}}$ |  | 0.22 |  | 0.25 |  |

${ }^{a}$ LAD $=$ largest absolute deviation.
${ }^{b} \mathrm{MAD}=$ mean absolute deviation, computed as $(\mathbf{1} / n) \sum_{i}^{n}\left|\delta_{\text {calcd }}-\delta_{\text {exptl }}\right|$

Table S2. The computed ${ }^{1} \mathrm{H}$ NMR data for $(1 S, 3 S)-6$ and $(1 R, 3 S)-6$.

| No. | $\mathbf{*}$ | $(1 R, 3 S)-\mathbf{6}$ |  | $(1 S, 3 S)-\mathbf{6}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\delta_{\text {exp }}$ | $\delta_{\text {cal }}(\mathrm{ppm})$ | $\Delta \delta$ | $\delta_{\text {cal }}(\mathrm{ppm})$ |
| $\mathbf{1}$ | 6 | 7.12 | 6.61 | 0.51 | 6.61 | 0.51 |
| $\mathbf{2}$ | 7 | 7.03 | 6.64 | 0.39 | 6.64 | 0.39 |
| $\mathbf{3}$ | 8 | 7.31 | 6.48 | 0.83 | 6.46 | 0.85 |
| $\mathbf{4}$ | 5 | 7.47 | 6.88 | 0.59 | 6.89 | 0.58 |
| $\mathbf{5}$ | 3 | 4.09 | 3.22 | 0.87 | 3.32 | 0.77 |
| $\mathbf{6}$ | $4 "$ | 3.14 | 1.89 | 1.25 | 1.76 | 1.38 |
| $\mathbf{7}$ | 10 | 1.7 | 1.17 | 0.53 | 1.27 | 0.43 |
| $\mathbf{8}$ | 10 | 1.7 | 0.57 | 1.13 | 1.33 | 0.37 |
| $\mathbf{9}$ | 10 | 1.7 | 1.44 | 0.26 | 0.85 | 0.85 |
| $\mathbf{M A D}^{\mathbf{b}}$ |  |  |  |  |  |  |
|  | $\mathbf{L A D}^{\mathbf{a}}$ |  | 0.28 |  | 0.25 |  |

${ }^{a}$ LAD $=$ largest absolute deviation.
${ }^{b}$ MAD $=$ mean absolute deviation, computed as (1/n) $\sum_{i}^{n}\left|\delta_{\text {calcd }}-\delta_{\text {exptl }}\right|$

## General experimental procedures

Optical rotations were calculated using a Jasco P-1020 polarimeter (Jasco, Easton, MD, USA); ultraviolet (UV) spectra were acquired on an Agilent 8453 UV-visible (UV-Vis) spectrophotometer (Agilent Technologies, Santa Clara, CA, USA). The NMR spectra were recorded on a Bruker AVANCE III 800 NMR spectrometer with a $5-\mathrm{mm}$ TCI CyroProbe operating at $800 \mathrm{MHz}\left({ }^{1} \mathrm{H}\right)$, with chemical shifts given in ppm ( $\delta$ ) (Bruker). Preparative high-performance liquid chromatography (HPLC) was performed using a Waters 1525 Binary HPLC pump with a Waters 996 photodiode array detector (Waters Corporation Milford, MA, USA) and an Agilent Eclipse $\mathrm{C}_{18}$ column ( $250 \times 21.2 \mathrm{~mm}, 5 \mu \mathrm{~m}$; flow rate: $5 \mathrm{~mL} / \mathrm{min}$; Agilent Technologies). Semi-preparative HPLC was performed using a Shimadzu Prominence HPLC System with SPD-20A/20AV Series Prominence HPLC UV-Vis Detectors (Shimadzu, Tokyo, Japan). The LC/MS analysis was performed on an Agilent 1200 Series HPLC system equipped with a diode array detector and a 6130 Series electrospray ionization mass spectrometer using an analytical Kinetex ${ }^{\circledR} 5-\mu \mathrm{m} \mathrm{C}_{18} 100 \AA$ column ( 5 $\mu \mathrm{m}, 2.1 \times 100 \mathrm{~mm}$, Phenomenex, Torrance, CA, USA). Column chromatography was performed with Silica gel 60 (Merck, Darmstadt, Germany; 230-400 mesh) and reverse-phase (RP)-C18 silica gel (Merck, 230-400 mesh). The packing material for the molecular sieve column chromatography was Sephadex LH-20 (Pharmacia, Uppsala, Sweden). Precoated silica gel $\mathrm{F}_{254}$ plates and RP-18 $\mathrm{F}_{254 \mathrm{~s}}$ plates (Merck) were used for thin-layer chromatography (TLC). Spots were detected on TLC under UV light or by heating after spraying with anisaldehyde-sulfuric acid.

## Plant material

Allium sativum L. was collected from Uiseong, Gyeongsangbuk-do, Korea, in March 2016. The material was identified by one of
the authors (K. H. Kim). A voucher specimen (MN-16-03) was deposited in the herbarium of the School of Pharmacy, Sungkyunkwan University

## Extraction and isolation

Minced A. sativum ( 1 kg ) was extracted with $100 \% \mathrm{MeOH}(18 \mathrm{~L} \times 1$ day $\times$ three times) at room temperature and filtered. The resultant solution was evaporated under reduced pressure using a rotavapor to obtain the MeOH extract ( 101.7 g ), which was suspended in distilled water ( 1.4 L ) and successively solvent-partitioned with $n$-hexane, $\mathrm{CH}_{2} \mathrm{Cl}_{2}(\mathrm{MC})$, ethyl acetate (EA), and $n$ butanol $(\mathrm{BuOH})$, yielding residues weighing $1.4 \mathrm{~g}, 0.287 \mathrm{~g}, 0.153 \mathrm{~g}$, and 4.5 g , respectively. The $n$ - BuOH -soluble fraction ( 4.5 g ) was subjected to silica gel open column chromatography using a gradient solvent system of $\mathrm{CH}_{2} \mathrm{Cl}_{2} /$ methanol (MeOH) (10:1), $\mathrm{CH}_{2} \mathrm{Cl}_{2} / \mathrm{MeOH} / \mathrm{H}_{2} \mathrm{O}$ (9:3:0.5), and $100 \% \mathrm{MeOH}$ to obtain seven fractions (B1-B7). Fraction B 5 ( 250.7 mg ) was separated by preparative reversed-phase HPLC with a gradient solvent system of $\mathrm{MeOH} / \mathrm{H}_{2} \mathrm{O}$ ( $9: 1$ to 1:0) to obtain five subfractions (B5a-B5e). Subfraction B5e ( 60 mg ) was purified using semi-preparative HPLC with a solvent system of $\mathrm{MeOH} / \mathrm{H}_{2} \mathrm{O}$ (41:59) to yield compounds 1 ( 2.1 mg ), $2(1.6 \mathrm{mg})$, and $3(1.1 \mathrm{mg})$. Fraction B6 ( 665.9 mg ) was separated using Sephadex LH-20 open column chromatography with a solvent system of $100 \% \mathrm{MeOH}$ to obtain five subfractions (B6a-B6e). Subfraction B6e (180.8 mg) was separated by preparative reversed-phase HPLC with a solvent system of $\mathrm{MeOH} / \mathrm{H}_{2} \mathrm{O}$ ( $3: 7$ to 1:0) to afford four subfractions (B6e-1-B6e-4). Subfraction B6e-2 ( 69.2 mg ) was purified using semi-preparative HPLC with a solvent system of $\mathrm{MeOH} / \mathrm{H}_{2} \mathrm{O}$ (1:3) to yield compounds $\mathbf{4}(2.3 \mathrm{mg}), \mathbf{5}(2.3 \mathrm{mg})$, and $\mathbf{6}(1.2 \mathrm{mg})$.

## Computational NMR chemical shift calculations for DP4+ analysis

Conformational searches were performed using Tmolex 4.3.1 with the DFT settings (B3-LYP functional/M3 grid size), geometry optimization settings (energy $10^{-6}$ hartree, gradient norm $|\mathrm{d} E / \mathrm{d} x y z|=10^{-3}$ hartree/bohr), and the basis set def-SV(P) for all atoms. The NMR shielding constants were calculated on optimized ground state geometries at the DFT B3LYP/def-SV(P) level of theory. The NMR chemical shifts of the isomers were obtained by Boltzmann averaging the ${ }^{1} \mathrm{H}$ NMR and ${ }^{13} \mathrm{C}$ NMR chemical shifts of the stable conformers at 298.15 K . The chemical shift values were calculated using

$$
\delta_{\text {calc }}^{x}=\frac{\sigma^{o}-\sigma^{x}}{1-\sigma^{o} / 10^{6}}
$$

where, $\delta_{\text {calc }}^{x}$ is the calculated NMR chemical shift for nucleus $x$ and $\sigma^{\circ}$ is the shielding tensor for the proton and carbon nuclei in tetramethylsilane calculated at the DFT B3LYP/def-SV(P) basis set [1].

The calculated NMR properties of the optimized structures were averaged based on their respective Boltzmann populations, and the DP4+ probability analysis was facilitated by the Excel sheet (DP4+) provided by Grimblat et al. [2].

## Reference)

[1] Smith, S.G.; Goodman, J. M.; Assigning stereochemistry to single diastereoisomers by GIAO NMR calculation: the DP4 probability. J. Am. Chem. Soc. 2010, 132, 12946-12959.
[2] Grimblat, N.; Zanardi, M. M.; Sarotti, A. M.; Beyond DP4: an improved probability for the stereochemical assignment of isomeric compounds using quantum chemical calculations of NMR shifts. J. Org. Chem. 2015, 80, 12526-12534.

