

Supplementary Materials

Muscular and Kinematic Responses to Unexpected Translational Balance Perturbation: A Pilot Study in Healthy Young Adults

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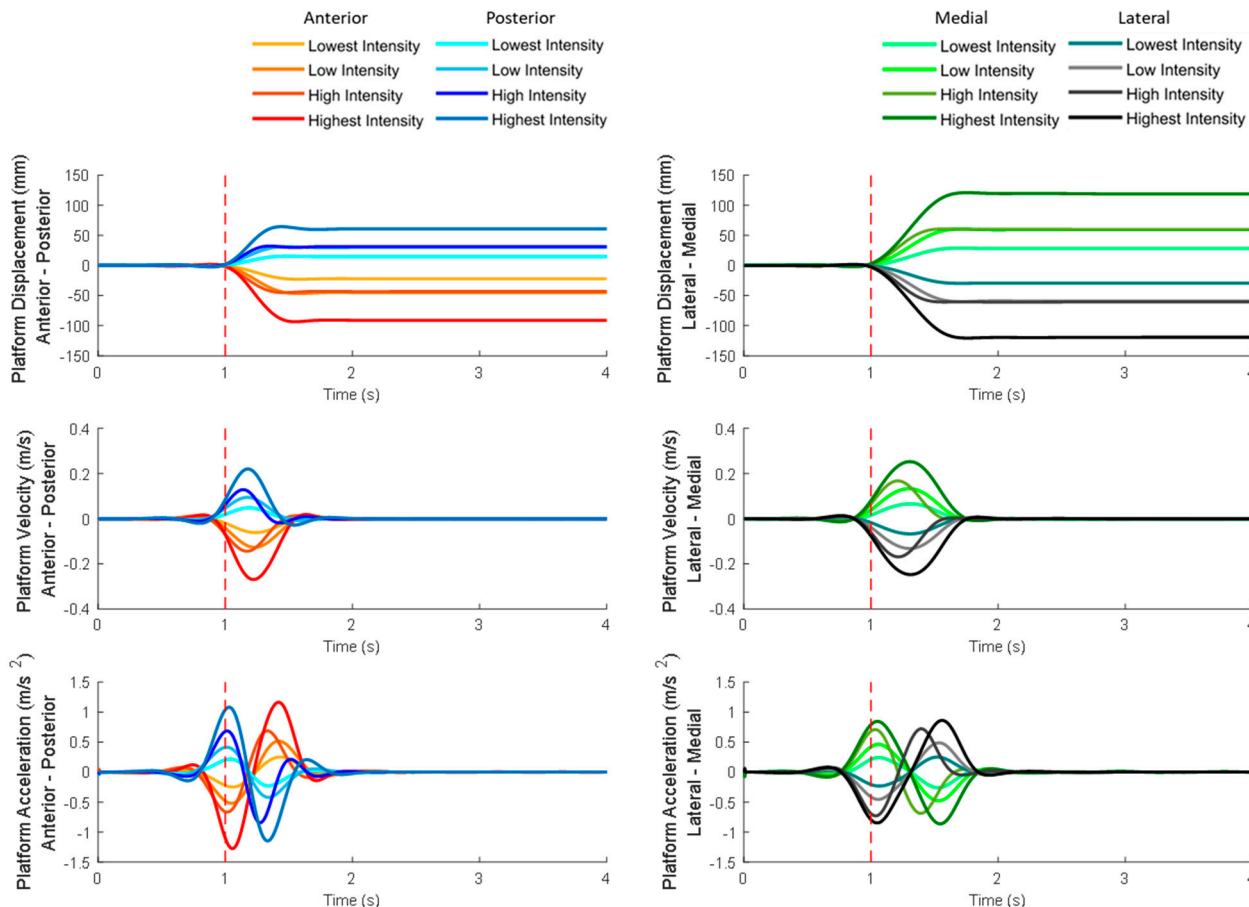


Figure S1. The mean platform displacements, velocities, and accelerations of twelve subjects following the unexpected anterior, posterior, medial, and lateral perturbations with four intensities ($n = 12$). (Note: **Red dotted line** specifies the start of the balance perturbation.).

Table S1. Mean and ICC values of pulling parameters examining the reliability of the moving-platform balance perturbation system ($n = 12$).

Direction	Intensity	Pulling		Max. Displacement		Normalized Max. Displacement		Max. Velocity of		Max. Acceleration	
		Duration (s)		of Platform (cm)		of Platform (% Height)		Platform (m/s)		of Platform (m/s ²)	
		Mean	ICC	Mean	ICC	Mean	ICC	Mean	ICC	Mean	ICC
Anterior	Highest	0.379	0.989*	9.4	0.859*	5.5	0.729*	0.27	0.930*	1.28	0.944*
	High	0.245	0.983*	4.5	0.968*	2.7	0.965*	0.14	0.981*	0.69	0.991*
	Low	0.359	0.979*	4.7	0.712*	2.7	0.703*	0.13	0.943*	0.53	0.987*
	Lowest	0.350	0.866*	2.3	0.919*	1.3	0.919*	0.06	0.934*	0.26	0.976*
Posterior	Highest	0.251	0.976*	6.5	0.716*	3.8	0.565*	0.22	0.849*	1.10	0.952*
	High	0.162	0.954*	3.4	0.631*	2.0	0.499*	0.13	0.822*	0.74	0.967*
	Low	0.238	0.979*	3.1	0.955*	1.8	0.936*	0.09	0.981*	0.43	0.994*
	Lowest	0.231	0.977*	1.5	0.268*	0.9	0.493*	0.05	0.971*	0.24	0.992*
Medial	Highest	0.507	0.995*	12.1	0.895*	7.1	0.703*	0.25	0.933*	0.85	0.971*
	High	0.328	0.976*	6.1	0.888*	3.6	0.213*	0.17	0.817*	0.72	0.988*
	Low	0.480	0.995*	6.0	0.725*	3.5	0.394*	0.13	0.913*	0.47	0.978*
	Lowest	0.466	0.992*	2.9	0.651*	1.7	0.535*	0.07	0.855*	0.25	0.958*
Lateral	Highest	0.440	1.000*	12.1	0.800*	7.1	0.521*	0.25	0.539*	0.86	0.949*
	High	0.472	0.999*	6.2	0.807*	3.6	0.620*	0.17	0.628*	0.74	0.973*
	Low	0.434	1.000*	6.0	0.912*	3.5	0.696*	0.13	0.897*	0.46	0.968*
	Lowest	0.434	0.999*	3.0	0.886*	1.7	0.718*	0.07	0.774*	0.24	0.944*

Note: The intraclass correlation coefficient (ICC) of three perturbations with the same direction and intensity in 12 subjects was calculated. Max.: Maximal. * Significant difference existed in the intraclass correlation coefficient test ($p < 0.05$).