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Turbulence Enhancement by Fractal Square Grids: Effects of Multiple Fractal Scales

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Abstract: Multi-scale fractal grids can be considered to mimic the fractal characteristic of objects of complex appearance in nature, such as branching pulmonary network and corals in biology, river network, trees, and cumulus clouds in geophysics, and the large-scale structure of the universe in astronomy. Understanding the role that multiple length scales have in momentum and energy transport is essential for effective utilization of fractal grids in a wide variety of engineering applications. Fractal square grids, consisted of the basic square pattern, have been used for enhancing fluid mixing as a passive flow control strategy. While previous studies have solidified the dominant effect of the largest scale, effects of the smaller scales and the interaction of the range of scales on the generated turbulent flow remain unclear. This research is to determine the relationship between the fractal scales (varying with the fractal iteration N), the turbulence statistics of the flow and the pressure drop across the fractal square grids using well-controlled water-tunnel experiments. Instantaneous and ensemble-averaged velocity fields are obtained by a planar Particle Image Velocimetry (PIV) method for a set of fractal square grids (N = 1, 2 and 4) at Reynolds number of 3400. The static pressure drop across the fractal square grid is measured by a differential pressure transducer. Flow fields indicate that the multiple jets, wakes and the shear layers produced by the multiple scales of bars are the fundamental flow physics that promote momentum transport in the fractal grid generated turbulence. The wake interaction length scale model is modified to incorporate the effects of smaller scales and thereof interaction, by the effective mesh size M_{eff} and an empirical coefficient β . Effectiveness of a fractal square grid is assessed using the gained turbulence intensity and Reynolds shear stress level at the cost of pressure loss, which varies with the distance downstream. In light of the promising capability of the fractal grids to enhance momentum and energy transport, this work can potentially benefit a wide variety of applications where energy efficient mixing or convective heat transfer is a key process.

Keywords: fractal square grid; multi-scale object; passive flow control; turbulence manipulation

1. Introduction

As an object composed of a hierarchy of length scales (or multi-scale) is partially or fully immersed in a fluid flow, various scales of turbulent flow motions are induced in response to the object's different scales. For instance, when wind blows over trees that display a range of length scales in their branches, the air flow around the trees has complex multi-scale features which are governed by highly nonlinear dynamics. Understanding the flow physics and modeling the momentum and energy transport between the trees and the wind have been areas of sustained interest [1–5]. One particular type of such multi-scale objects is a fractal, which is consisted of self-similar patterns superimposed at different length scales [6]. The multi-scale fractal grids, commonly classified as I-grid, cross-grid and square grid, can be considered to mimic the fractal characteristic of objects in nature, such as branching pulmonary network and corals in biology, river network, trees, and cumulus clouds in geophysics, and the large-scale structure of the universe in astronomy.

Over the decades multi-scale objects and elements, the real characters of the physical world, have been simplified to have either a single primary or a limited number of length scales. This simplification is widely accepted in understanding and modeling the interaction between flows and immersed multi-scale objects. For example, trees have been modeled by the length scales of large trunks and an overall leaf-area density distribution [7]. Smaller branches and their effects in transport processes are not considered. However, flow properties are affected by multi-scale objects reveal considerable variability over a broad range of spatial and temporal scales; i.e., they are clearly of multi-scale nature [8,9]. Understanding the role that multiple length scales have in momentum and energy transport is essential for complex fluid dynamics of a wide variety of engineering applications.

Fractal grids have been adopted as a passive flow control strategy to enhance fluid mixing and convective heat transfer, which remains a topic of great interest due to the high demand for effective and efficient flow-control devices. The fractility of such grids generates vortices of different sizes that interact at different locations downstream of the grid. Furthermore, the set of geometric parameters of the fractal grid can be purposely tuned to alter the location and magnitude of the peak turbulence intensity [10], thus making the fractal grids attractive for highly controlled mixing and heat transfer. Fractal grids have been recently used to renovate the design of wind fences, heat exchanger fins, and low-swirl combustion chambers [11–13].

Extensive experiments and numerical simulations have been carried out over the last decade to understand the fractal grid-generated turbulence and how the geometric parameters affect the flow. This is of paramount importance as the location of the maximum in the turbulence intensity distribution can be tuned as a function of the fractal grid geometric parameters. Unique turbulent flow of different scales are induced by fractal grids, compared to that of conventional or uniform grids. These turbulent scales interact with each other and exhibit remarkably different properties compared with previously documented turbulent flows, and they have been considered to form a "new class of turbulence" [14,15]. Direct numerical simulations (DNS) have shown that fractal grids produce intermittent multi-scale wakes, with the smallest wakes interacting closest to the grid and the largest wakes interacting furthest from the grid [10,16]. Subsequently, beyond the immediate wake region of the grid, the fractal grid generates notably higher turbulence intensities along the centerline when compared to their counterparts—conventional grids with much higher blockage ratios (and therefore, higher pressure drops).

The sizes of these multiscale wakes and the location of wake interaction is determined by the geometric parameters of the fractal grid. An important scaling parameter, the wake interaction length scale $X^* = L_0^2/t_0$, was introduced by Mazellier and Vassilicos (2010) [10], where L_0 (t_0) is the length (thickness) of the largest bar. It separates the near-grid region with high anisotropic turbulence and the far-region of approximately isotropic turbulence [17]. This parameter has been used to predict X_{peak} , the location of peak centerline turbulence intensity for fractal grids, single square grids, and conventional grids. The location of peak centerline turbulence intensity for the single square grid occurs closer to the grid than the fractal square grid, which can be explained by the difference in the wake interaction length scale X^* between the two grids [18]. Gomes-Fernandes et al. (2012) [17] proposed a correction of this scaling law by taking into account the upstream turbulence level.

Previous researches also examined how the geometric parameters of fractal grids impact the magnitude of peak centerline turbulence intensity and subsequently heat transfer rate. The ratio t_0/L_0 determines the magnitude of the peak centerline turbulence intensity, with $Tu_{peak} \propto c_d t_0/L_0$, where c_d is the drag coefficient of the largest bars of the fractal grid [17,18]. The relationship $Tu_{peak} \propto c_d t_0/L_0$ suggests that the additional fractal scales would have little to no impact on the magnitude of the peak turbulence intensity, as long as the dimensions of the largest bar remain constant (t_0/L_0). Wind-tunnel experiments on turbulent flows generated by a fractal grid, a single square grid, and a conventional grid, all having different t_0/L_0 were reported by Melina et al. (2016, 2017) [18]. This study confirmed

that a single square grid with larger t_0/L_0 and lower blockage ratio can increase turbulence intensity and heat transfer compared to the other grids [19]. Furthermore, early research has shown that for fractal square grids with thickness ratios t_R equal to or greater than 8.5, the largest square is considered to dominantly contribute to the turbulence intensity peak and its location and the thickness of the smallest squares are negligible [14,17].

The question naturally arises about the significance of additional scales in modifying the fractal grid-induced turbulence, with the largest scale being dominant. In the vast majority of the research to date, comparisons between a fractal square grid and single square grid have been conducted with grids of different values of t_0/L_0 , based on the rational that the peak centerline turbulence intensity is proportional to $c_d t_0/L_0$. There have only been very limited studies on fractal square grids with a constant t_0/L_0 . For example, Cafiero et al. (2014, 2017) [20,21] studied the effects of grid geometric parameters on heat transfer enhancement of impinging jets. The heat transfer rate with a fractal grid of N = 3 was compared to that of a single square grid, which was created by simply removing the second and third iterations of the fractal grid. The fractal grid models employed in the study are of the thickness ratios t_R less than 8.5 thus a clear difference associated with smaller scales is identified. The results of this study, suggesting the additional fractal square grids (N = 1, 2, 3 and 4) having constant largest dimensions of t_0 and L_0 , focusing on the role of the fractal elements and what grid arrangement causes the elongated non-equilibrium region in the turbulent flow [22].

The pressure drop across a fractal grid is directly related to how much energy is consumed to compensate the loss. It would be desirable that a passive flow control device, such as a fractal grid, can significantly enhance turbulence level at a reasonable cost of energy consumption. There have been a few studies that report how the pressure drop across fractal grids increases with the blockage ratio, which is not different from conventional grids [18,19]. However, it will be more insightful to examine the effectiveness of a fractal grid based on the enhanced turbulence level ("gain") and the associated pressure drop ("loss") for engineering design of devices such as mixers or heat exchangers.

The present research aims to (1): understand how the multiple scales of a fractal square grid influence the flow structure, turbulence statistics and pressure drop; (2) revisit and modify the wake interaction length scale model to account for multiple scales' effects. This is conducted by comparing the turbulence statistics and the pressure drop induced by each of a set of fractal square grids (with iterations N = 1, 2, and 4). Since the largest bar dimensions of L_0 and t_0 are held constant, systematically adding a smaller scale (by increasing the fractal iterations) allows to evaluate the effects of the different fractal scales and thereof interaction. Please note that the blockage ratio σ also increases as we add an additional scale, since they are coupled via Equation (6).

2. Experimental Facility and Measurement Methods

2.1. Fractal Grid Geometries

A set of fractal grids (FGs) are examined in this study: a single square grid FG1 (N = 1), a fractal square grid of four iterations FG4 (N = 4), and an intermediate configuration FG2 (N = 2), as shown in Figure 1. Specifically, FG4 is referred as a complete fractal. FG1 consisted of the largest element of FG4 only and FG2 consisted of the largest and the second-largest elements of FG4. Since FG1 and FG2 are essentially partial constructions of FG4, they have the same wake-interaction length scales based on the model by Mazellier et al. (2010) [10]. This design allows for the effects of additional fractal scales associated with successive fractal iteration to be evaluated. As a result, however, the blockage ratio σ is increased from FG1 to FG4 (Table 1.)



Figure 1. Definition of scaling parameters of a fractal square grid. FG1, FG2 and FG4 from left to right.

While having multiple length scales, fractal grids can be described by simple recursive mathematical expressions [14]. The fractal square grids are completely described by five scaling parameters: grid height (*H*), number of iterations (*N*), maximum bar length (L_0), maximum bar thickness (t_0), and minimum bar thickness (t_{min}). Ratios of length scales and the fractal dimension D_f are defined as follows:

$$L_j = R_L^j L_0, \tag{1}$$

$$t_j = R_t^j t_0, (2)$$

$$t_R = \frac{t_0}{t_{min}},\tag{3}$$

$$D_f = \frac{\log B}{\log \frac{1}{R_L}}.$$
(4)

 R_L (R_t) is the ratio of the length (thickness) at the fractal iteration j to that of the first generation. The fractal dimension D_f is 2, which has been shown to produce the best turbulent homogeneity [14]. As discussed in Hurst, et al (2007) [14], the fractal grids can be compared to a conventional regular (or uniform) grid if using an effective mesh size

$$M_{eff} = \frac{4H^2}{P}\sqrt{1-\sigma},\tag{5}$$

where *P* is the fractal grid perimeter and σ is the blockage ratio defined as,

$$\sigma = S(\frac{L_0 t_0}{H^2}) (\frac{1 - (BR_t R_L)^N}{1 - BR_L R_t}).$$
(6)

For the fractal square grids employed here, the number of bars that the pattern requires *S* is 4, and B^{j} the number of patterns at iteration *j* is 4. The scaling parameters of FG1, FG2 and FG4 are summarized in Table 1.

Table 1. Summary of the scaling parameters of fractal square grids (FG1, FG2 and FG4).

N	$L_0 mm$	$L_1 mm$	$L_2 \text{ mm}$	L ₃ mm	t ₀ mm	$t_1 \mathrm{mm}$	<i>t</i> ₂ mm	t ₃ mm	σ %	M_{eff} mm	t_R
4	131.8 131.8	65.9 65.9	33.0	16.5	11.7 11 7	4.6	1.8	0.69	27.31 17 52	14.54 54.01	16.96 2 5
1	131.8	-	-	-	11.7	-	-	-	11.23	88.80	-

2.2. Water Tunnel and Inflow Conditions

Experiments were performed in a recirculating water tunnel with a test section of $0.3 \text{ m}(W) \times 0.3 \text{ m}(H) \times 2.0 \text{ m}(L)$ at the Mechanical Engineering Department, Cleveland State University. Transparent side and bottom walls of the test section allow for full access for the optics and

camera. The uniform inflow condition was characterized at the freestream velocity U_0 of 0.310 m/s, which corresponds to a Reynolds number of 3400 based on U_0 and the thickness of the largest bar t_0 . This inflow condition was chosen in order to create comparable Reynolds numbers to previous DNS studies [16,23].

The inflow is characterized by particle image velocimetry (PIV) measurements in the vertical center plane of the water tunnel. By ensemble-averaging 800 instantaneous velocity fields, the vertical profiles of mean streamwise velocity, streamwise turbulence intensity, vertical turbulence intensity, and Reynolds shear stress were obtained. The streamwise turbulence intensity is in the range of 2.0–2.5%, and the vertical turbulence intensity of 1.0–3.0%. This is slightly lower than previous PIV experiments with fractal square grids in a water tunnel reported by Gomes-Fernandes et al., (2012) [17], where the streamwise turbulence intensity was 2.8% and the spanwise turbulence intensity was 4.4%.

Each fractal grid was held to be secured to the walls of the water tunnel, by a rigid frame having an o-ring gasket around the edges. It is noted that this frame increases the overall blockage ratio and further accelerates the flow through the grid. Caution should be exercised when comparing to other work. However, the current experiment is to examine the flow generated by a set of fractal square grids mounted with the same frame, making it a fair comparison.

2.3. PIV Measurements

Measurements of the turbulent flow induced by a fractal sqaure grid are conducted using a two-dimensional two-component (2D2C) planar PIV system (Lavision Gmbh, Göttingen, Germany). As shown in Figure 2, the laser light sheet was positioned from the bottom of the water tunnel and directed along the centerline of the grid. Hollow glass spheres having a diameter of about 10 micrometers were used to seed the flow. A Pro-Imager SX 5MP CCD camera (2448 pixels by 2050 pixels) was employed to capture particle images with a field of view (FOV) of 205 mm by 172 mm at a rate of 7.28 frames per second (fps). Calibration was carried out by taking images of a scale which is carefully aligned with the light sheet. The scale images were used to convert the particle displacement from pixels to physical spatial coordinates.



Figure 2. Experimental setup and the location of PIV laser light sheet on the tested fractal grid.

A total of 1500 image pairs were recorded with a time step of 1200 microseconds between the pair of particle images. The instantaneous velocity fields were obtained using a window-based cross-correlation method (Davis 8.4, Lavision Gmbh, Göttingen, Germany). The interrogation window started at 64×64 pixels and reduced to 16×16 pixels with a 50% overlap. This yields a spatial resolution of 0.67 mm, sufficient to capture the related scales of the smallest bars. Erroneous vectors were replaced by interpolation of neighboring vectors using a Gaussian scheme. The processed instantaneous velocity fields were ensemble-averaged, resulting in the mean velocity fields and other turbulent quantities of the flow. Measurements were taken at seven different FOVs, with an overlap of 25 mm between two adjacent FOVs. With the ensemble-averaged results being stitched together,

these seven FOVs are able to cover the region downstream of the grid up to 5.3 H and capture the entire turbulence production region, but not the turbulence decay region. The Cartesian coordinates are shown in Figure 2. Please note that the present 2D particle images resolved the instantaneous streamwise velocity u (in the x direction) and the vertical velocity v (in the y direction) in the single center plane of the generated turbulent flow.

2.4. Pressure Measurements

The static pressure drop across each fractal square grid was measured through two pressure taps on the side wall of the water tunnel, using a Validyne DP15 variable reluctance differential pressure transducer (an accuracy of +/- 0.5% full scale). The static pressure upstream of the fractal grid is nearly constant due to the uniformity of the incoming flow. As the pressure taps are fixed, shown in Figure 2, the fractal grid was translated to different positions to cover the similar range (downstream of the fractal grid) to that of the flow field measurements. The static pressure was sampled at a rate of 1000 Hz and recorded using a Validyne USB2250 data acquisition device (Northridge, CA, USA). The non-dimensional pressure drop is

$$C_{\Delta p} = \frac{\Delta p}{0.5\rho U_0^2},\tag{7}$$

where Δp is the differential pressure drop measured across the fractal grid, ρ is the water density, and U_0 is the pre-set freestream velocity.

3. Results and Discussion

3.1. Characteristic Flow Field: Jets and Wakes of Various Scales

A fundamental characteristic of these turbulence-generating grids is that they produce wakes immediately behind the bars and jets immediately behind the openings. More importantly, the multiple wakes are the strong signature of the different length scales of bars. This is distinctly different from the nearly uniform distribution of wakes and jets generated by a uniform grid, reported in previous studies, e.g., [13]. While the multi-scale jet-wake flow behavior was observed for complete fractal grids [10,16,24], the current results highlight the evolution of the jets and wakes with gradually including smaller scales by increasing N.

The instantaneous velocity fields in Figure 3 show that the division between the major jet and two adjacent wakes becomes more visible as additional fractal scales are added to the fractal grid (from FG1 to FG4). The near-wake is characterized by a reversed flow region. Immediately behind FG1, the reversed flow region is within X/H = 0.1. It keeps increasing to X/H = 0.17 for FG2 and reaches X/H = 0.2 for FG4, owing to the cumulative reversed flow from each bar of different scales. In addition, as *N* increases the central jet becomes more intensive, evidenced by the highest U/U_0 (along the centerline) for FG4 and the lowest for FG1. The enhancement of jet velocity is about 25% comparing FG4 and FG1. The accelerated jet flow formed by the largest square is expected due to the gradual increase in blockage ratio with increasing *N*. Meanwhile, the jet becomes narrower and intensifies with two major wakes occupying larger areas before merging together. The ensemble-averaged velocity fields in Figure 4 confirm this flow characteristics with smoothing division of the central jet and two symmetric wake regions.

A conceptual diagram of the different flow regions induced by a fractal square grid is illustrated in Figure 5. Several typical flow regions are marked—jet, wake (reversed flow), and shear layers. The distribution of each flow feature is directly related to the number of length scales of the grid, with a bar causing a wake and an opening (space between the bars) causing a jet. A shear layer of steep velocity gradient occurs between the jet and wake region, which drives a significant increase in the momentum transport between these regions. A detailed view of the instantaneous streamlines of these different flow regions can be seen in Figure 6.



Figure 3. Instantaneous streamwise velocity U/U_0 downstream of a fractal square grid at Re = 3400. FG1, FG2 and FG4 from top to bottom.



Figure 4. Mean streamwise velocity U/U_0 downstream of a fractal square grid at Re = 3400. FG1, FG2 and FG4 from top to bottom.



Figure 5. Schematic of the different flow regions of the mean flow behind a fractal square grid.



Figure 6. Streamlines of the flow in the near wake of a grid at Re = 3400. FG1, FG2 and FG4 from top to bottom.

3.2. Effect of Multiple Scales on Turbulence Statistics

The change in the flow structure by the addition of multiple scales highlights the significance of interaction of the multiple scales, which is expected to affect the turbulence statistics, responsible for enhanced turbulent mixing and heat transfer rate. The streamwise, T_u , vertical, T_v , turbulence intensities and the Reynolds shear stress or RSS, $\overline{u'v'}/U_0^2$, of the turbulent flow downstream of each fractal grid are examined in this section. They are critical quantities in the design of effective mixers, heat exchangers, and other flow control devices.

The contour plots of streamwise turbulence intensity T_u , shown in Figure 7, exhibit common characteristics for the set of fractal grids. The turbulence intensity level varies remarkably for the different flow features identified in Section 3.1. Immediately behind the largest bars the highest T_u is generated by the shear layers, reaching 45% for all fractal grids, where turbulence is reduced by half in the wake region. The central major jet, of the lowest T_u less than 5%, is observed just behind the grid. The center line (y = 0) T_u is subject to an increase from the lowest 0–5% to the moderate level of 20–25%. The spatial distribution of the T_u behind the fractal square grids is consistent with that of previous DNS results in [16].

Clear differences are observed in the turbulence intensities in the induced flow; however, when including smaller scales gradually by systematically changing the iteration N, which have not been previously reported. The high T_u immediately behind the grid displays an elongated trend as smaller scales present and interaction of multiple scales occur. Most distinctly, the centerline T_u increases downstream of the grid at a different rate: at X/H = 1, sharing a very similar T_u level of 5% but at X/H = 3 the T_u reaches different level of 12.5% (FG1), 13.5% (FG2) and 20% (FG4). The flow behind the grids of N = 3 reported by [16], is similar to the current FG2 that falls in between the two extreme cases. The vertical turbulence intensity T_v , in Figure 8, generally follows the same trend with respect to increasing N as that of T_u , but with a lower magnitude. The level of T_u with respect to T_v , expressed in terms of the global isotropy parameter u'/v', was found to match well with the results presented from previous PIV experiments [17].



Figure 7. Streamwise turbulence intensity T_u (%) downstream of a fractal square grid at Re = 3400. FG1, FG2 and FG4 from top to bottom.



Figure 8. Vertical turbulence intensity T_v (%) downstream of a fractal square grid at Re = 3400. FG1, FG2 and FG4 from top to bottom.

The distribution of the Reynolds shear stress (RSS) $\overline{u'v'}/U_0^2$ of turbulent flow induced by each fractal square grid is shown in Figure 9. The high magnitude of RSS immediately behind each grid, is associated with the strong shear between the jet and wake areas. The most intense region is more protracted as *N* increases, from X/H = 0.6 for FG1 to X/H = 1.0 for FG4. The RSS contours behind the FG4 show a notable increase along the shear layer between the large jet region and the outer adjacent wakes of the flow. This is attributed to the effect of the shear layers enhanced from the interaction between the multiple jet and wake regions surrounding the largest wakes. This effect can also be seen in the RSS distribution of the FG2, but not nearly as intense, which is evidenced that each additional scale (even the smallest ones) has a significant impact on the momentum transport in the flow. The increase in the momentum transport between the multiple jet and wake regions leads to enhanced turbulent mixing among different length scales.



Figure 9. Reynolds shear stress $\overline{u'v'}/U_0^2$ downstream of a fractal square grid at Re = 3400. FG1, FG2 and FG4 from top to bottom.

3.3. Revisit the Wake Interaction Length Scale Model

The wake interaction length scale model, introduced by Mazellier and Vassilicos (2010) [10], has been extensively used to predict how far downstream the centerline turbulence intensity reaches

$$X_{peak} = \phi X^*, \tag{8}$$

where

$$X^* = \frac{L_0^2}{t_0}.$$
 (9)

and ϕ is the wake interaction length scale coefficient. The coefficient ϕ was originally determined to be a constant (0.45) based on data for fractal square grids having a similar blockage ratio [10]. However, it has been later realized to vary dramatically depending on grid geometry, inflow conditions and experimental facility, etc. [16–18,24,25]. The flow structure and turbulence statistics, in Sections 3.1 and 3.2, evidenced the importance of the smaller scales in addition to the largest scale. Therefore, it is reasonable to account for the effects of smaller scales into the model to better predict X_{peak} .

Using the framework of the wake interaction length scale model, we examined both the streamwise turbulence intensity T_u and the vertical turbulence intensity T_v , at the center line, which are readily available via PIV tests. All fractal square grids have the same $L_0 = 131.8$ mm and $t_0 = 11.7$ mm, therefore $X^* = 1487.3$ mm is kept constant in this study. By maintaining the same parameters of t_0 , L_0 , R_t , and R_L across the set of fractal square grids, the effect of additional fractal iterations can be determined.

The peak location X_{peak} and the peak turbulence intensities are summarized in Table 2. It can be seen that X_{peak} varies with fractal grids of the same dimensions of the largest bar or X^* . Therefore, the wake interaction length scale model proposed by Mazellier et al. (2010) [10] does not seem to capture the trend of the turbulence intensity of the fractal square grids tested here, which are of identical L_i and t_i but different blockage ratio σ , varying with the number of fractal iterations, N.

TI	N	σ %	$X_{peak} \ \mathrm{mm}$	X_{peak}/M_{eff}	φ	$X^* \operatorname{mm}$	β
	4	27.31	858.1	59.0	0.577		4.63
T_{μ}	2	17.52	1011.8	18.7	0.680	1487.3	1.46
	1	11.23	1132.9	12.8	0.762		1
	4	27.31	858.6	59.1	0.577		4.63
T_v	2	17.52	1273.5	23.6	0.856	1487.3	1.85
	1	11.23	991.4	11.2	0.667		1
	4	25	917.2	50.4	0.40		4.55
T_{μ} [22]	2	15	1031.9	15.8	0.45	2293	1.42
<i>u</i> []	1	8.5	1375.8	11.1	0.60		1

Table 2. Wake interaction length scales of the fractal square grids, FG1, FG2 and FG4.

Figures 10a and 11a compare the centerline streamwise and vertical turbulence intensities, T_u and T_v , normalized by the smallest scale L_{min}/Ht_{min} , for the set of fractal square grids. Figure 10a indicates that the normalized peak location shifts downstream gradually with additional scales being introduced (by varying the iteration, N). It is further reasoned that the location of the peak turbulence intensity is associated to not only the largest and smallest scales, but the complex interaction among them. To incorporate the effects of multiple scales and thereof interaction, the effective mesh size M_{eff} is considered. This scaling parameter accounts for every scale with the fractal perimeter P and the blockage ratio σ , instead of only the largest ([10]) or the smallest scales ([14]). When normalized by M_{eff} , X_{peak} shifts downstream with N varied from 1 to 4, following an exponential trend (Figure 10b). Therefore, we propose to include the effective mesh size M_{eff} explicitly into the model, to predict the

change in location of X_{peak} with each additional scale relative to the single scale grid. The modified wake interaction length model is expressed as follows:

$$X_{peak,N} = \frac{\beta(M_{eff,N})\phi_1 X^*}{M_{eff,1}},$$
(10)

and

$$\beta = 0.56 \exp(0.54N). \tag{11}$$

where $X_{peak,N}$ is the location of peak turbulence intensity for grid of *N* iteration, $M_{eff,N}$ and $M_{eff,1}$ are the effective mesh size of the grids of the fractal iteration *N* and 1, and β is the iteration scaling coefficient derived from the experimental data. β grows exponentially with *N* for both the streamwise and vertical turbulence intensities, which is approximated in Equation (11). The modified model was tested using data presented by Nagata et al. (2017) [22]. To set the comparable base parameters of FG1, ϕ_1 takes into account different blockage ratio σ and X^* for fractal grids in this study and in [22]. It is interesting that values of β are nearly the same for the current data and [22] summarized in Table 2, even though the two sets of grids are of different σ and X^* . It is noted that the values of β were obtained from the set of fractal square grids in our experiments and may not apply under other experimental conditions.

The exponential trend of the location X_{peak} with increasing N can be understood by the various dimensions of wakes generated by the different sized bars. First, the addition of smaller scales to the grid create multiple shear layers surrounding the wakes from the largest bars, leading to an elevated and elongated region of turbulence production. Furthermore, the additional scales enlarge the reversed flow areas immediately behind the grid, and the consequential increase in blockage ratio causes an acceleration of the flow through the center of the grid. The instantaneous streamlines of the flow behind the reversed flow areas, in Figure 6, diverge away from the grid centerline, and this trend is more intense as N increases. Such a trend has also been noted in the DNS simulations comparing grids with increasing thickness ratios and increasing blockage ratios [16]. Overall, this flow pattern leads to the tendency for the largest wakes to meet further downstream as N increases.



Figure 10. Centerline streamwise turbulence intensity T_u , normalized by the smallest scale (**left**) and the effective mesh size M_{eff} (**right**), downstream of each grid at Re = 3400.



Figure 11. Centerline vertical turbulence intensity T_v , normalized by the smallest scale (**left**) and the effective mesh size M_{eff} (**right**), downstream of each grid at Re = 3400.

The magnitude of the peak centerline turbulence intensities was compared in order to determine the effect of the additional scales. Previously, the magnitude of the peak turbulence intensity was proposed to be proportional to $c_d t_0/L_0$ for fractal square grids, where c_d is the drag coefficient of the largest bars of the grid [17]. Subsequent research focused on the largest scale being the dominant factor to determine the peak turbulence intensity magnitude, i.e., $Tu_{peak} \propto c_d t_0/L_0$ [18,25]. This relation has shown to be true for both multi-scale and single-scale grids having different ratios of t_0/L_0 . For example, single square grids with a higher ratio of t_0/L_0 and lower blockage ratio are found to produce higher centerline turbulence intensities than fractal square grids [18]. While the drag of the bars is not directly measured here, it is assumed to be the same and will not change the results because the dimensions of the largest bars are identical for each grid.

Regarding the magnitude of the centerline turbulence intensities, our results show that each fractal grid generates a different level of turbulence along the centerline, for both the streamwise and vertical turbulence intensities, as summarized in Table 2. The peak centerline turbulence intensity follows approximately linear relationship, if normalized with the effective mesh size M_{eff} . We find that not only do the additional fractal scales influence the location of peak turbulence intensities, but their magnitude as well.

3.4. Pressure Drop across Fractal Square Grids

While the effect of multiple scales on the turbulence intensity and Reynolds shear stress is key to understand the dynamics of fractal grid-generated turbulence, the static pressure drop across the grid is essential to effectively implement such a flow control device in practical engineering applications. Therefore, the non-dimensional pressure drop at X_{peak} is chosen to compare the set of fractal grids. The level of pressure drop is primarily linked to the increasing blockage ratio, σ , with the increased fractal iteration N [23]. This is not different from what we understand regarding conventional or uniform grids. It would be difficult to quantitatively compare the magnitude of pressure drop in the current results with the previous wind-tunnel experiments, due to the difference in the inflow conditions and grid mounting mechanism. Nevertheless, the current results follow a similar trend to the previous experiments of a fractal square grid, single square grid, and conventional grid [18].

The ratio of the centerline turbulence intensity to the static pressure drop $(T_u/C_{\Delta P})$ of the set of fractal grids is in Figure 12. Immediately behind the grid, the ratio of the turbulence enhancement to the pressure loss of each fractal grid is comparable. However, further downstream the expense of pressure caused by the increase in blockage ratio σ (with increasing *N*) becomes more significant than the enhancement in the turbulence intensity. As the downstream location increases, there is a clear difference in the performance of each grid: the FG1 being most effective past $X/X_{peak} = 0.5$, with a 24%

increase over that of FG4 at X_{peak} . Additionally, the ratio of Reynolds shear stress (RSS) to the pressure drop of the set of fractal grids is shown in Figure 13. RSS is another measure of momentum transport and turbulent mixing. Here RSS is averaged vertically using the PIV data in the measurement plane (Figure 9). Because the high values of RSS are not at the centerline, it has rarely been discussed in previous studies. The RSS downstream of FG4 is remarkably higher than FG1 further downstream. In particular, the maximum of RSS induced by FG4 is doubled that of the FG1.

The ratio of RSS to the pressure drop suggests that the addition of the multiple scales creates a dramatic increase in the momentum transport, attributed to the interaction between the multiple jet and wake regions. When adopting fractal square grids to design flow mixers and heat exchangers, although the level of turbulent mixing or enhanced heat transfer is often the primary design parameter, it is desirable to the maintain the amount of energy to compensate pressure loss at a reasonable level, depending on specific objectives in engineering applications. It should be noted that, the trend of $T_u/C_{\Delta P}$ or $RSS/C_{\Delta P}$ varies downstream for each of the grids. In case that a particular distance to install a grid is specified, Figures 12 and 13 are helpful to determine which grid best fits the requirement. Fractal grids with more scales would be advantageous if a longer distance is required for turbulence enhancement.



Figure 12. Ratio of streamwise turbulence intensity to pressure drop at Re = 3400. The downstream distance *X* is normalized by M_{eff} (**left**) and X_{peak} (**right**).



Figure 13. Ratio of Reynolds shear stress to pressure drop at Re = 3400.

4. Conclusions

A set of fractal square grids are tested in water-tunnel experiments at Re = 3400, to determine the relationship between the fractal scales (varying with the fractal iteration *N*), the turbulence statistics of the generated turbulent flow and the pressure drop across the fractal grids. By keeping the largest bar dimensions of L_0 and t_0 constant, we focus on the effects of smaller fractal scales on turbulence statistics and pressure drop. Our contribution is summarized as follows:

- 1. Detailed flow fields reveal the multiple jets, wakes and the shear layers in between, produced by the multiple scales of bars, are the fundamental flow physics that promote momentum transport in the fractal grid generated turbulence. The spatial distribution of turbulence intensities and the Reynolds shear stress suggest important effects of the additional fractal scales (with varying the iteration *N*) along with the largest scale.
- 2. The wake interaction length scale model is revisited and modified to incorporate the effective mesh size M_{eff} and a new scaling coefficient β , to reflect the effects of smaller scales and the interaction among these scales. β increases exponentially with the fractal iteration N, which may be affected by fractal grid configuration, inflow turbulence level and global/local Reynolds numbers.
- 3. The effectiveness of a fractal square grid is assessed by the ratio of turbulence intensity to the pressure drop and the ratio of Reynolds shear stress to the pressure drop. When using the fractal square grids as the passive flow control devices, the variation of such ratios with respect to the distance from the grid should be considered based on design specifics. Fractal grids with more scales would be advantageous if a longer distance is required for turbulence enhancement.

In view that the flow measurements are only conducted in the single center plane of the generated turbulent flow, conclusions need to be validated with complete three-dimensional flow statistics. Correspondingly, the modified wake interaction length model is to be further tested with other computational or measurement data at different Reynolds numbers.

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