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New Insights into Food Ingredients for Human Health Promotion

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Message from the Guest Editors

This Special Issue aims to collect articles addressing scientific advances in the extraction, characterization, and stabilization of bioactive ingredients that have been applied in the food industry as potential health promoters, i.e., in the development of functional, fortified and excipient foods. The main aim of this field is to maximise selectivity and retain the substances of interest. The application of novel approaches for bioactive ingredient stabilization that target green production alternatives and/or explore natural polymers and particles are of interest in this Special Issue. Thus, this Special Issue of the *Applied Sciences* journal welcomes research and review articles on this topic.

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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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