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Aging and Resiliency

Guest Editors:

Dr. Heidi Ewen

Department of Interprofessional
Health and Aging Studies,
University of Indianapolis, 1400
East Hanna Avenue, Indianapolis,
IN 46227, USA

Dr. Katherina Nikzad-Terhune

School of Social Work, Northern
Kentucky University, MEP 222G, 1
Nunn Drive, Highland Heights, KY
41099, USA

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Message from the Guest Editors

Resiliency has become an important focus over the years in understanding how individuals withstand and adapt to hardships, including various traumas experienced throughout the life course. In particular, understanding the factors that contribute to resiliency in older adulthood is especially relevant as we experience worldwide unprecedented population growth of older adults. Elements of resiliency in older adults, especially during a global pandemic, with a focus on the implications for individuals, families, health systems, and public health.

As such, this Special Issue aims at advancing the literature on aging and resiliency. Therefore, we welcome theoretical and empirical contributions that expand knowledge on resiliency in older adults, including resiliency during the COVID-19 crisis. For more information, please visit Special Issue "**Aging and Resiliency**"

Dr. Heidi H. Ewen

Dr. Katherina Nikzad-Terhune

Guest Editors



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Special Issue



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Editor-in-Chief

Prof. Dr. Jerrell Cassady

Department of Educational
Psychology, Ball State University,
Muncie, IN 47306, USA

Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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Behavioral Sciences Editorial Office
MDPI, Grosspeteranlage 5
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