



Search for a Common Cause for Aging and Age-Related Diseases

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Message from the Guest Editors

In this Special Issue of *Biomedicines*, we present a different point of view on the etiology of aging and ARDs, and begin investigating simple approaches to alleviate them all at once by addressing their shared root cause rather than their downstream consequences.

These remarkable individuals offer a demonstration that "healthy" aging and diseases can develop independently, as extreme phenotypes driven by a shared set of basic mechanisms. These are associated with adaptation to stress, loss of proteostasis, stem cell exhaustion, metabolism dysregulation, macromolecular damage, epigenetic modifications, and inflammation.

We cordially invite authors to submit original research and review articles that focus on these basic mechanisms that could uncover a common cause for Aging and ARDs.





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Message from the Editor-in-Chief

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