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Motor Development in Children and Adolescence

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Message from the Guest Editors

Motor development encompasses the continuous development of movement abilities resulting from the dynamic interplay between biological processes and the environmental context. Newborn infants demonstrate spontaneous and reflexive movements, and as they progress towards becoming toddlers, they start to acquire fundamental movement skills. The motor skills children acquire during early childhood gradually become more refined and adapted to a variety of context, such as recreational and sport activities. These skills establish the foundation for efficient and more complex movement in adolescence and later phases of development.

The present Special Issue aims to explore developmental changes in motor development and factors underlying these changes. We invite the submission of original research articles and reviews that pertain to motor development in childhood and adolescence.

Submissions may encompass a wide range of topics including, but not limited to, the following: Optimal motor practices; Factors influencing motor development; Developmental changes across childhood and adolescence; The impact of motor development on physical and mental health.



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Special Issue