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Stress and Stress Resilience in Children and Adolescents

Guest Editor:

Prof. Dr. Eva Möhler

Department of Child and Adolescent Psychiatry, Saarland University Medical Center, Homburg, Germany

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Message from the Guest Editor

Since 2020, children and adolescents have been exposed to stressors like the war in Europe and lockdowns due to the pandemic. The results are considerable increases in mental health disorders and psychosocial disintegration. Strategies to boost stress resilience in children and adolescents are a vastly understudied subject. A focus on possible pathways linking early-life stress and development includes stress-induced endocrine ore neurobiological mechanisms and gene-environment interaction.

This Special Issue invites researchers on the topic of early-life stress and stress resilience to share their work related to risk factors and longitudinal consequences of all different forms of stress in early life. A focus on prevention and intervention will be highly welcomed, just as research targeting neurobiological and psychophysiological sequelae of stress in childhood. Other topics of specific interest are potential stressors with regard to parent–child interactions.













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Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MI 65201, USA

Message from the Editor-in-Chief

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