



children



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Obesity Management, Weight Loss Maintenance and Pediatric Nutrition

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Message from the Guest Editors

Dear Colleagues,

This Special Issue addresses the multifaceted challenges associated with obesity, weight loss maintenance, and pediatric nutrition.

Obesity Management Strategies: We seek to synthesize the latest evidence on the effectiveness, safety, and long-term outcomes of various interventions, offering practical guidance

Weight Loss Maintenance: A significant focus is on sustaining weight loss over the long term and the challenges faced by individuals in maintaining weight loss, as well as identifying effective strategies

Pediatric Nutrition: This area addresses the unique nutritional needs of children and adolescents with obesity, with the need to discuss strategies for promoting healthy eating habits and physical activity as well as explore interventions

Clinical Guidelines and Practice Recommendations: Recommendations for screening, assessment, counseling, and treatment across diverse patient populations and settings are expected.

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Special Issue