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Promoting Positive Development in Children and Adolescents: Social Emotional Skills, Internalizing Symptoms, and Externalizing Behaviors

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Message from the Guest Editor

Dear Colleagues,

Positive development (PD) in children and adolescents is evidenced by a growing body of research on families, schools and communities. Children and adolescents can benefit from their PD to strengthen their social and emotional competence, self-efficacy and self-regulation. For example, social–emotional skills (e.g., interacting with others, gaining confidence, making appropriate decisions, etc.) may contribute to the later success at school and in life. On the other hand, internalizing symptoms (e.g., anxiety and depression) and externalizing problems (e.g., fights with others and substance use) may be negatively associated with PD in children and adolescents.

In this Special Issue, we invite studies promoting PD in children and adolescents by examining the direct and indirect associations between social–emotional skills, internalizing symptoms, externalizing behaviors and/or other related issues in children and adolescents of diverse backgrounds.



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Special Issue