



Mood Disorders: Diagnosis and Management

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Message from the Guest Editor

Dear Colleagues,

The extended COVID-19 pandemic has triggered a global health crisis and collective trauma. Mental health impacts are widespread, affecting women, children, adolescents, healthcare workers, and those who lost loved ones. Major depressive disorder rates have risen to 17%.

To treat mood disorders, we employ pharmacological and psychological interventions, with cognitive-behavioral therapy and mindfulness-based therapies showing promise. Implementing evidence-based treatments is crucial, particularly amid the COVID-19 pandemic, which worsened social isolation, especially among the young.

Mood disorders have severe consequences, leading to substance abuse, and even suicide. Personalized interventions are evolving, with research exploring targeted biological treatments. I invite you and your colleagues to contribute to this Special Issue, uniting experts from various fields in mood disorder diagnosis and management. We welcome articles on psychological and biological aspects and innovative diagnostic and therapeutic approaches.

We look forward to potentially collaborating with you.





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Message from the Editor-in-Chief

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