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## Proteins from Plants or Animals: Enriching the Characteristics of Food

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### Message from the Guest Editors

Dear Colleagues,

Proteins in the human diet from plants and animals are all broadly recognized as having health benefits (providing essential amino acids, satisfying metabolic requirements for amino acids and nitrogen, and maintaining an intestinal flora balance) and technological functionality, such as emulsification, foaming, and gelling, which gives food their appealing nutritional and texture/sensory attributes.

This Special Issue aims to showcase cutting-edge research on the enrichment of the nutritional and technological functionality of proteins from plants and animals, with a particular emphasis on improving physical, chemical, and/or biochemical treatments for the protein alone or in combination with other components. In addition, studies in which two or more plant/animal proteins are consumed together to provide essential amino acids, address structural barriers to improve bioaccessibility and bioavailability, or eliminate allergenicity are also strongly welcomed.



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# Special Issue



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## Message from the Editor-in-Chief

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