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## Encapsulation Technologies and Delivery Systems for Food Ingredients

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Deadline for manuscript submissions:

**15 August 2024**

### Message from the Guest Editors

Considering the fact that a great variety of food ingredients are insoluble in water; the fact that they can be degraded during food processing, storage, or transportation upon light, heat, oxygen, etc.; and the fact that their bioactivity can be reduced upon gastrointestinal digestion, their encapsulation for protection and technological purposes is of outmost importance. For this reason, various delivery systems have been developed to encapsulate bioactive food ingredients in order to enhance their stability, bioactivity, and bioavailability, as well as to allow a controlled release at the target site. Various coating materials along with different encapsulation approaches have been employed by academia and the food industry. In this view, this Special Issue intends to gather recent advances on encapsulation techniques and delivery systems for food ingredients that could be of use both in academia and industry.



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# Special Issue



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