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Research on the Nutrition and Function of the Bioactive Components of Foods

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Message from the Guest Editors

Dear Colleagues,

With the remarkable advances in biotechnology, various types of drugs have been developed that can treat or prevent existing diseases. However, in addition to its main role in providing nutrition, food remains important in our daily life by preventing diseases threatening our well-being or significantly improving chronic diseases through daily intake. Therefore, the current Special Issue will focus on the health-promoting effects of various food-derived bioactive compounds and their comprehensive mechanistic studies. This issue covers a broad spectrum of substances in foods, including edible single compounds, plant extracts and probiotics such as *Lactobacillus*. Research on improving their activities will also be a valuable topic for this issue as well.

We look forward to receiving your contributions.

Dr. Jong Hun Lee
Prof. Dr. Wooki Kim
Guest Editors



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Special Issue



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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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