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## Nutraceuticals in Human Health

Guest Editors:

**Dr. Alessandra Durazzo**

CREA-Research Centre for Food and Nutrition, Via Ardeatina 546, 00178 Rome, Italy

**Dr. Massimo Lucarini**

CREA-Research Centre for Food and Nutrition, Via Ardeatina 546, 00178 Rome, Italy

**Prof. Dr. Antonello Santini**

Department of Pharmacy, University of Napoli Federico II, Via D. Montesano 49, 80131 Napoli, Italy

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**closed (31 December 2019)**

### Message from the Guest Editors

Nutraceuticals are a challenge for the future of prevention and therapy. The possibility to prevent and/or support pharmacological therapy, which is nowadays mainly based on pharmaceuticals, can be a powerful tool to face pathological, chronic, long-term diseases in subjects who do not qualify for a pharmacological therapy.

Nutraceuticals are obtained from vegetal or animal origin foods, and prospective research on them will clarify their role, safety and efficacy by substantiating their role with clinical data. An effort to clarify their mechanism of action will open a door to a next generation of therapeutic agents that do not propose themselves as an alternative to drugs, but, instead, can be helpful to complement a pharmacological therapy, and to prevent the onset of chronic diseases.

This Special Issue is dedicated to the role of and perspectives on nutraceuticals in human health, examined from different angles ranging from analytical aspects to clinical trials, from efficacy studies to beneficial effects on health conditions.



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# Special Issue



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## Editor-in-Chief

### **Prof. Dr. Arun K. Bhunia**

1. Department of Food Science,  
Purdue University, West  
Lafayette, IN, USA

2. Department of Comparative  
Pathobiology (Courtesy), Purdue  
University, West Lafayette, IN,  
USA

## Message from the Editor-in-Chief

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*Foods* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
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