



Sarcopenia and Frailty in Older People: Challenges and Opportunities for Clinical Practice

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Message from the Guest Editor

Musculoskeletal disorders contribute to the vast proportion of non-communicable diseases. Sarcopenia and the syndrome of frailty are common in older people and pose immense challenges for health and social care systems globally. It is clear we need to be able to recognize and manage these conditions in the clinical setting; both in the community and in acute hospitals whilst simultaneously actively pursuing the research agenda on better understanding and recognition of these interrelated syndromes that will ultimately inform treatment.

The Special Issue in Geriatrics will focus on challenges and opportunities for clinical practice concerning the health burden of sarcopenia and frailty, etiology, newer methodologies on case finding and recognition; management strategies currently available and a look into future perspectives.

The Special Issue provides an open access opportunity to publish research articles, reviews, opinions, letters, and case reports related to this field. I hope that you and your colleagues will submit for publication in the Special Issue.

Keywords

- Sarcopenia and frailty
- Epidemiology
- Aetiology
- Recognition
- Interventions
- Challenges and opportunities





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Message from the Editor-in-Chief

Our new journal is launched to serve geriatrics specialists and colleagues from other disciplines as an interface between theory and clinical practice. Pushing the boundaries of the discipline, I kindly invite you to consider publishing your current work in *Geriatrics*. We have chosen the format of an open access journal to provide all interested parties with a platform for their basic research and health care studies as well. For details on the submission process or any other matter, please visit the journal website. I hope to handle your contribution to *Geriatrics* soon to publish innovative, relevant, thought provoking ideas.

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