



## Muscle-Tendon Complex: Performance, Injury Prevention, Epidemiology and Rehabilitation

Guest Editors:

**Dr. Javier Raya-González**

Faculty of Sports Sciences,  
University of Extremadura, 10003  
Caceres, Spain

**Prof. Dr. Luis Manuel Martínez  
Aranda**

Faculty of Sports Sciences,  
University Pablo de Olavide,  
41013 Seville, Spain

Deadline for manuscript  
submissions:

**31 December 2024**

### Message from the Guest Editors

Dear Colleagues,

The muscle–tendon complex represents a fundamental entity in the biomechanical functioning of the human body, playing a crucial role in the execution of sporting movements and more demanding physical activities. Therefore, the identification of new perspectives of the performance, injury prevention, epidemiology and rehabilitation related to the muscle–tendon complex is necessary. The main purpose of this Special Issue is to consolidate and present the latest advances in research on the muscle–tendon complex. We aim to gather scientific contributions addressing key aspects such as sports performance, injury prevention, epidemiology and rehabilitation. By addressing these topics, this Special Issue seamlessly integrates into the mission of healthcare by providing valuable information for healthcare professionals, researchers and clinicians, thereby promoting a comprehensive approach to care and optimal physical performance. Research areas may include, but are not limited to, the following:

muscle–tendon complex performance, epidemiology, rehabilitation and injury prevention.

We look forward to receiving your contributions.





# healthcare



an Open Access Journal by MDPI

## Editor-in-Chief

## Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE](#) and [SSCI \(Web of Science\)](#), [PubMed](#), [PMC](#), and [other databases](#).

**Journal Rank:** JCR - Q2 (*Health Policy & Services*) / CiteScore - Q2 (*Leadership and Management*)

## Contact Us

---

Healthcare Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/healthcare](https://mdpi.com/journal/healthcare)  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)  
[X@HealthcareMDPI\\_](#)