Sport and Exercise Medicine

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Message from the Collection Editors

This Special Issue's focus is to open a window of opportunity to publish articles that reveal the effects of using sports and exercises as a single or combined approach for healthcare in clinical and non-clinical populations. Considering that more research should be conducted and published about such important topics, the aim of the Special Issue "Sport and Exercise Medicine" is to publish original, high-quality investigations and narrative and systematic reviews in the field of health care, sports, and exercise. We look forward to receiving contributions related (but not limited) to the following topics: (i) experimental studies and interventions using sports and exercise in healthy or clinical populations; (ii) observational analytic studies identifying the effects of practicing sport and exercise on health and quality of life; (iii) systematic reviews and meta-analyses that may summarize the evidence about the effects of sport and exercise on healthy and clinical populations.

Topical Collection

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Message from the Editor-in-Chief

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