



Effects of Diet and Exercise on Patients with Chronic Kidney Disease

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Deadline for manuscript
submissions:

31 October 2024

Message from the Guest Editor

The population of patients with chronic kidney disease (CKD) worldwide is both growing and aging. Recent evidence suggests that drugs such as sodium–glucose cotransporter 2 inhibitors or mineralocorticoid receptor antagonists attenuate the progression of CKD. However, self-management is the cornerstone of treatment for all illnesses, and the same is true for CKD; such self-management includes proper exercise habits and restriction of salt and protein intake. We believe that the focus of this Special Issue, “Effects of Diet and Exercise on Patients with Chronic Kidney Disease”, is still an area in development, and related investigations are of much interest. We encourage the submission of original research articles, reviews, and meta-analyses, especially those combining a high academic standard coupled with a practical focus on optimizing diet and exercise therapies in patients with CKD.





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Message from the Editor-in-Chief

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