



Occupational Health and Wellness: First Responder Health

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Message from the Guest Editors

First responders (i.e., law enforcement personnel, firefighters, and paramedics) are individuals that have been specially trained to respond to emergencies and threats to public safety. These individuals often put themselves in harm's way to ensure others remain safe. Consequently, first responders have some of the most physically, mentally and emotionally demanding occupations in our society. Unfortunately, first responders are at a higher risk of experiencing premature morbidity and mortality when compared to the general population. For these reasons, greater attention should be paid to improving the health and wellness among first responders.

Keywords:

- first responders
- emergency responders' wellbeing
- first responders' welfare





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Message from the Editor-in-Chief

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