



Psychosocial Factors and Health in Education: An Interdisciplinary Approach

Guest Editors:

Prof. Dr. Félix Zurita Ortega

Department of Didactics of
Musical, Plastic and Corporal
Expression, University of
Granada, 18071 Granada, Spain

**Prof. Dr. Gabriel González
Valero**

Department of Didactics of
Musical, Plastic and Corporal
Expression, University of Jaen,
Jaen 23071, Spain

Deadline for manuscript
submissions:

closed (31 July 2021)

Message from the Guest Editors

Resources and tools are available in different educational contexts to help improve the cognitive, social, and fiscal dimensions, as well as the well-being of students. Therefore, education will be an essential vehicle for the overall development of young people. Likewise, psychosocial factors are essential for the improvement and treatment of physical and mental health and academic performance. Therefore, from an early age it is necessary to work on healthy physical habits, learning strategies, and psychosocial factors. In this way, the emotional and psychological state of teachers will have a key role during the teaching and learning process. Through this Special Issue, the current status of healthy living habits, academic performance, and psychosocial and emotional well-being in the educational field will be established. This issue is open to descriptive and experimental studies, systematic review, and meta-analysis that provide new knowledge and/or develop a current and interdisciplinary perspective. Emerging methodological proposals in the educational context that pretend to consider physical and psychosocial health in the different educational stages are also admitted.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

International Journal of
*Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)