



Physical Activity, Exercise, Sports, and Affective and Cognitive Wellbeing

Guest Editor:

Dr. Chong Chen

Division of Neuropsychiatry,
Department of Neuroscience,
Yamaguchi University Graduate
School of Medicine, Yamaguchi
755-8505, Japan

Deadline for manuscript
submissions:

30 June 2024

Message from the Guest Editor

Dear Colleagues,

The goal of this Special Issue is to address these unsolved issues, advance our understanding of the affective and cognitive benefits of physical activity, exercise, and sports, and explore factors that potentially influence the motivation for physical activity, exercise, and sports. Any topics relevant to the association between physical activity, exercise, sports (either acute or chronic), and cognitive functions, affective wellbeing, and mental health are welcome. The subjects can be healthy human volunteers or clinical patients of different ages and backgrounds. Article types include, but are not limited to, original research, short communications, clinical trials, reviews, meta-analyses, and case-reports. For original research and short communications, the design can be cross-sectional, longitudinal, or interventional.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

International Journal of
Environmental Research and Public
Health Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)