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Effect of Sport Activity on Health Promotion

Guest Editor:

Prof. Dr. Masao Kanamori
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Deadline for manuscript submissions:
closed (31 December 2018)

Message from the Guest Editor

Dear Colleagues,

People try to escape the crowds of cities, seeking to improve their moods by going out to the countryside and highlands/mountains. We are seeking research papers on health effects, such as physiological changes due to leisure–sports/physical activity. We are seeking, not only research on the effects of diseases but also recent research findings, such as the elimination of anxiety, mood changes, and improving quality of life.

Prof. Masao Kanamori
Guest Editor

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Special Issue

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Editor-in-Chief

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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