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Circadian Biology in Human Health and Disease

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Message from the Guest Editor

Photosensitive organisms from cyanobacteria to humans have evolved internal circadian timing systems, allowing them to anticipate environmental changes related to day/night variations. In mammals, this system is composed of a central pacemaker in the brain's suprachiasmatic nucleus (SCN) and self-sustained and cell-autonomous oscillators present in almost all body cells. Accumulating evidence from rodent studies indicates that the temporal orchestration of the entire physiology is a major purpose of circadian clocks in central and peripheral tissues and leaves little doubt concerning the essential role of the circadian system in the coordination of body metabolism. Turning to studies in human subjects, a lot of recent work now supports the novel concept that a misalignment between the internal circadian clock and the external rhythm imposed by modern lifestyle can provoke alteration of multiple physiological processes. In this Special Issue, we aim to explore the genetic, molecular and biochemical mechanisms underlying the link between circadian clock disruption and the development of physiological dysfunctions.













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Message from the Editor-in-Chief

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