



Advances in Pulmonary Rehabilitation

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Message from the Guest Editors

Pulmonary rehabilitation is defined as “a comprehensive intervention based on thorough patient assessment followed by patient-tailored therapies that include, but are not limited to, exercise training, education, self-management intervention aiming at behavior change, designed to improve the physical and psychological condition of people with chronic respiratory disease and to promote the long-term adherence to health-enhancing behaviors”. Pulmonary rehabilitation is a highly effective intervention to reduce shortness of breath and improve health status and exercise tolerance in people with chronic obstructive pulmonary disease. There is growing evidence of its positive effects in several outcomes in people with interstitial lung disease, asthma, pulmonary arterial hypertension, lung cancer, cystic fibrosis and other respiratory diseases. In the present Special Issue, the most recent approaches to patient assessment and management as well as optimization of uptake, delivery and completion of pulmonary rehabilitation will be covered.





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