



Effects of Lifestyle Factors and Exercise on Brain Plasticity and Underlying Neurobiological Mechanisms

Guest Editor:

Dr. Patrick Müller

German Center for
Neurodegenerative Diseases
(DZNE), Neuroprotection Lab,
Magdeburg, Germany

Deadline for manuscript
submissions:

closed (31 December 2020)

Message from the Guest Editor

For an upcoming Special Issue in the *Journal of Clinical Medicine*, we invite investigators to contribute perspectives, reviews, and original research articles.

Potential topics may include, but are not limited to:

- Effects of multimodal lifestyle interventions on cognition and brain plasticity;
- Effects of acute and chronic physical activity on cognition and brain plasticity;
- Neurobiological mechanisms of exercise-induced neuroplasticity;
- Effects of diet on cognition and brain plasticity;
- Effects of dietary supplements on cognition and brain plasticity;
- Role of lifestyle factors (e.g., sleep, stress, education) on cognition and brain plasticity;
- Role of multimodal lifestyle interventions in dementia prevention;
- Role of exercise in childhood development.





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department,
University Hospital Strasbourg,
67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and
Critical Care Medicine, University
of Tokyo, Tokyo 113-8655, Japan

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPus / SciFinder, and other databases.

Journal Rank: JCR - Q2 (*Medicine, General & Internal*) / CiteScore - Q1 (*General Medicine*)

Contact Us

Journal of Clinical Medicine Editorial
Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/jcm
jcm@mdpi.com
[X@JCM_MDPI](https://twitter.com/JCM_MDPI)