



## Advances in the Clinical Management of Perioperative Anesthesia

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### Message from the Guest Editors

Perioperative and anesthetic management undertaken for general surgery improves surgical outcomes.

It requires close multidisciplinary collaboration between dedicated anesthetic, surgical and clinical teams and should be based on a combination of multimodal evidence-based strategies applied to the conventional perioperative techniques.

Preoperative evaluation with risk factor optimization, choice of anesthesia and anesthetic drugs, multimodal analgesia and pain management, fluid management, hemodynamic monitoring, postoperative early feeding and early mobilization are key elements of a patient-centered strategy to reduce postoperative complications and achieve early recovery.

This Special Issue in the *Journal of Clinical Medicine* aims to publish topical clinical research related to the perioperative care of surgical patients, involving different main areas of interest, from throughout the surgical pathway to recovery.

We welcome the submission of original research articles, narrative and/or systematic reviews and meta-analyses focused on the clinical management of perioperative anesthesia.





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