



## Association between Sleep Disorders and Diabetes

Guest Editors:

**Prof. Dr. Patrizio Tatti**

Department of Endocrinology  
and Diabetes, INI Institute, Rome,  
Italy

**Prof. Dr. Desiderio Passali**

Department of  
Otorhinolaryngology, University  
of Siena, Siena, Italy

Deadline for manuscript  
submissions:

**25 November 2024**

### Message from the Guest Editors

Dear Colleagues,

Sleep is a basic function of life; however, only in recent years has it received enough attention from the medical community. The role of sleep duration, its various phases and sequence are still largely unknown, along with their role in life. Another critical phenomenon relating to sleep is SAS (sleep apnea syndrome), which is very frequent in the general population. Although we are in the third millennium, we have very scant knowledge of the impact of sleep and SAS on disease states, but its data have demonstrated that their alterations impact on diabetes, which is the paradigm of metabolic disorders. It is highly suspected that sleep disorders and SAS may cause diabetes, worsen glycemic control and even cause death. This Special Issue aims to address at least some of these points and possibly identify the role of various derangements that occur during sleep.





an Open Access Journal by MDPI

## Editors-in-Chief

**Prof. Dr. Emmanuel Andrès**

Internal Medicine Department,  
University Hospital Strasbourg,  
67000 Strasbourg, France

**Prof. Dr. Kent Doi**

Department of Emergency and  
Critical Care Medicine, University  
of Tokyo, Tokyo 113-8655, Japan

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPus / SciFinder, and other databases.

**Journal Rank:** JCR - Q2 (*Medicine, General & Internal*) / CiteScore - Q1 (*General Medicine*)

## Contact Us

*Journal of Clinical Medicine* Editorial  
Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jcm](http://mdpi.com/journal/jcm)  
[jcm@mdpi.com](mailto:jcm@mdpi.com)  
✉@JCM\_MDPI