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Rehabilitation and Management of Frailty, Sarcopenia and Malnutrition — 2nd Edition

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Message from the Guest Editor

We are pleased to announce the 2nd Edition of this Special Issue, "Rehabilitation and Management of Frailty, Sarcopenia and Malnutrition" (https://www.mdpi.com/journal/jcm/special_issues/1AI400N08F).

Deadline for manuscript submissions: closed (30 April 2024) The prevalence of sarcopenia, frailty, and malnutrition is increasing with the growing number of older adults. Sarcopenia, frailty, and malnutrition are associated with functional impairment, physical disability, and handicap. They are often comorbid, and their synergistic effects could lead to worsening clinical outcomes. Rehabilitation and nutritional care have the potential to improve physical function, activities related to daily living, and the quality of life of these older adults. Further research is required on better assessment methods for malnutrition, sarcopenia, and frailty, as well as management methods, including appropriate rehabilitation and nutritional support.

The aim of this Special Issue is to update the knowledge regarding the management and rehabilitation of frailty, sarcopenia and malnutrition. We invite the submission of clinical research, epidemiological research, and up-to-date reviews (scoping and systematic reviews).

Specialsue



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