



## Personalized Therapy, Personalized Nutrition, and Chronic Disease

Guest Editors:

**Prof. Dr. Yvonne T. van der Schouw**

Department of Epidemiology,  
Julius Center Research Program  
Cardiovascular Epidemiology,  
Medical Center, Utrecht  
University, Utrecht, The  
Netherlands

**Prof. Dr. Diederick E. Grobbee**

Department of Epidemiology,  
Julius Center Research Program  
Cardiovascular Epidemiology,  
Medical Center, Utrecht  
University, Utrecht, The  
Netherlands

Deadline for manuscript  
submissions:

**closed (10 November 2021)**

### Message from the Guest Editors

Background: Non-communicable diseases are responsible for the majority of global mortality and disability-adjusted life years. The majority of premature deaths and debilitating morbidities caused by non-communicable diseases (NCDs) are linked to common risk factors, such as the use of tobacco, physical inactivity, air pollution, harmful use of alcohol, and unhealthy diets, and are, therefore, largely preventable. Healthy diets are a very important component of primary and secondary prevention of NCDs.

Aim and Scope: Epidemiologic research, interdisciplinary health research, nutrition research, and human research.

History: Particularly, in disease treatment, the focus has been on drug treatment, while lifestyle and diet are equally important. Measuring dietary intake is difficult and error-prone. Dietary advice needs to become more personalized to improve its implementation.

We are looking for contributions from cutting-edge research that move the research and thinking about nutrition and health to the next level, using emerging technology and big data solutions.





an Open Access Journal by MDPI

## Editor-in-Chief

### Prof. Dr. David Alan Rizzieri

1. Novant Health Cancer  
Institute, Winston-Salem, NC  
27103, USA

2. Division of Hematologic  
Malignancies and Cellular  
Therapy, Duke University,  
Durham, NC 27710, USA

## Message from the Editor-in-Chief

*Journal of Personalized Medicine (JPM; ISSN 2075-4426)* is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. *JPM* publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, ‘omics association analysis). *JPM* is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, and other databases.

**Journal Rank:** JCR - Q2 (*Medicine, General & Internal*) CiteScore - Q2 (*Medicine (miscellaneous)*)

## Contact Us

*Journal of Personalized Medicine*  
Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jpm](http://mdpi.com/journal/jpm)  
[jpm@mdpi.com](mailto:jpm@mdpi.com)  
[X@JPM\\_MDPI](https://twitter.com/JPM_MDPI)