



Cupping Therapy and Gua Sha

Guest Editor:

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submissions:

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Message from the Guest Editor

Dear Colleagues,

Medicines is an international open access journal of evidence-informed medicine, both conventional medicine and historically traditional medicine based in a modern setting.

This Special Issue focuses on elucidating the evidence and mechanisms of Gua sha and Ba guan, instrument assisted techniques that use press-stroking and vacuum suction (cupping), respectively, for a healing effect. Both techniques are part of traditional East Asian medicine, but also have a history in traditional and early Western medicine.

We welcome papers reporting latest evidence for cupping and Gua sha, as well as manuscripts contextualizing their history, biomechanisms, and clinical application. Topics include, but are not limited to, the keywords listed below.

Dr. Arya Nielsen
Guest Editor

