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# **Natural Products Used as Foods and Food Ingredients**

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### **Message from the Guest Editors**

Natural products have been used as food ingredients/additives to improve food quality, inhibit the formation of toxic compounds such as heterocyclic amines, acrylamide, AGEs, etc., and for their purported medical benefits.

This Special Issue welcomes original research and reviews on: (1) The safety and regulation of natural products used as foods and food ingredients as "poison is in everything, and nothing is without poison. The dosage makes it either a poison or a remedy". (2) The inhibitory effects and mechanisms of natural products on food toxic compounds formation during food storage/processing. (3) The benefical effects of natural products, such as improvement of food quality and prevention of cardiovascular diseases, neurodegenerative diseases, cancers, etc. (4) The chemical and bioactivity change of nature products during food processing. (5) The release of natural products under different types of food processing.









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### Message from the Editor-in-Chief

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