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## Sarcopenia: The Impact on Health and Disease

Guest Editors:

## Dr. Nikolaos Papanas

Department of Internal Medicine, Democritus University of Thrace, 68100 Alexandroupolis, Greece

## Dr. Nikolaos D. Karakousis

Faculty of Medicine, University of Thessaly, 41110 Larissa, Greece

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## **Message from the Guest Editors**

Dear Colleagues,

Sarcopenia is a clinical condition associated with a progressive loss of skeletal muscle mass and strength. It is important to diagnose and monitor it in everyday clinical practice. It is also imperative for the scientific community to investigate and validate prevention and intervention measures concerning sarcopenia. The purpose of this Special Issue is to publish high-quality research papers and review articles to address the current knowledge concerning the impact of low muscle mass and sarcopenia on health and disease. The topics should cover the following aspects:

- Muscle mass/sarcopenia in a geriatric population;
- Muscle mass/sarcopenia in chronic diseases;
- Muscle mass/sarcopenia in infections;
- Muscle mass/sarcopenia in malignancies;
- Muscle mass/sarcopenia and frailty syndrome;
- Muscle mass/sarcopenia in metabolic diseases and diabetes mellitus;
- Muscle mass/sarcopenia in respiratory diseases;
- Muscle mass/sarcopenia and polypharmacy.

Dr. Nikolaos Papanas Dr. Nikolaos D. Karakousis *Guest Editors* 



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