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Dietary Intake and Nutritional Management of Chronic Kidney Disease

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Message from the Guest Editors

Dear Colleagues,

Nutritional therapy plays an important role in the prevention and progression of chronic kidney disease (CKD). In recent years, dietary management of patients with CKD has expanded the range of dietary interventions to include CKD stage 3, emphasising that optimising protein intake is associated with reduced mortality and morbidity. At the same time, the prevention and treatment of malnutrition (whether undernourished or overnourished) and protein energy wasting (PEW) is imperative in both conservative and replacement therapies.

Several dietary approaches have been proposed. However, assessing patients' needs and personalised approaches with individual risk-benefit assessments should be sought. The most successful nutritional management is the one that is tailored to the needs of the patient.

This Special Issue titled “Dietary Intake and Nutritional Management of Chronic Kidney Disease” is open for original articles and reviews focusing on nutrition and metabolism in patients with CKD in both conservative and replacement treatments.



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Special Issue



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