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2023 Collection: Dietary, Lifestyle and Children Health

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Deadline for manuscript submissions:

closed (31 December 2023)

Message from the Guest Editor

I would like to take this opportunity to express my deep appreciation for everyone's support and contributions. During the period of the first Special Issue of "Dietary, Lifestyle and Children Health", over 30 articles were published, making this Special Issue a success. There will be a 2023 collection on the same topic, and I look forward to your continued contributions and support.

Childhood is a critical period for developing a healthy lifestyle and preventing chronic diseases in adulthood. However, the prevalence of childhood obesity is increasing and unhealthy lifestyles are becoming an epidemic, posing a potential future burden of adult chronic disease.

The aim of this Special Issue is to identify and assess dietary factors, including dietary diversity and specific nutrients/phytochemicals, as well as other healthy lifestyle factors, in the prevention and management of childhood chronic diseases.

We want to encourage all investigators in this field to submit original research, reviews, systematic reviews, and meta-analyses to this Special Issue to broaden our knowledge and open new research directions.



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Special Issue



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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