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Specialized Diet, Obesity and Associated Metabolic Disorders

Guest Editor:

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Deadline for manuscript submissions:

closed (31 May 2022)

Message from the Guest Editor

Obesity is one of the most common healthcare problems in developed countries, affecting people of both genders and all age groups. Overweight and obesity are major risk factors in the pathogenesis of many associated diseases, including metabolic syndrome, type II diabetes mellitus, hypertension, cardiovascular disease, non-alcoholic fatty liver disease, and more. Despite increased efforts to reduce the epidemic of obesity by promoting healthy diets, physical activity, and pharmacological treatment, the problem continues to grow. Undoubtedly, new approaches are essential to develop effective strategies for the prevention and treatment of obesity and comorbidities. Various specialized diet types and dietary supplements are considered to treat obesity and related diseases. In this Special Issue, manuscripts that focus on the topic "Specialized Diet, Obesity, and Associated Metabolic Disorders" are welcome. This includes original in vitro, animal, and human research, cohort studies, systematic literature reviews, and meta-analyses.













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