



Dietary Iron, Iron Deficiency and Human Health

Guest Editor:

Dr. Amanda Patterson

School of Health Sciences,
Faculty of Health and Medicine,
Priority Research Centre for
Physical Activity and Nutrition,
University of Newcastle,
Callaghan, NSW 2308, Australia

Deadline for manuscript
submissions:

closed (31 March 2020)

Message from the Guest Editor

Dear Colleagues,

Iron deficiency continues to be the most prevalent nutrient deficiency worldwide. It can result from excessive losses and various disease processes, but many cases are due to low total dietary iron intakes and/or poor absorption of iron from the gastrointestinal tract due to low bioavailability resulting from the form of iron (haem and/or non-haem) and the interaction with other food components (enhancers and/or inhibitors of iron absorption). Whatever the cause of iron deficiency, the impacts on health and wellbeing are significant and far reaching.

This special issue will publish manuscripts that examine dietary iron intake and its relationship with iron status, as well as papers addressing the implications of poor iron status on human health.

Dr. Amanda Patterson

Guest Editor





nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://x.com/Nutrients_MDPI)