



nutrients



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Dietary Iron, Iron Deficiency and Human Health

Guest Editor:

Dr. Amanda Patterson

School of Health Sciences,
Faculty of Health and Medicine,
Priority Research Centre for
Physical Activity and Nutrition,
University of Newcastle,
Callaghan, NSW 2308, Australia

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submissions:
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Message from the Guest Editor

Dear Colleagues,

Iron deficiency continues to be the most prevalent nutrient deficiency worldwide. It can result from excessive losses and various disease processes, but many cases are due to low total dietary iron intakes and/or poor absorption of iron from the gastrointestinal tract due to low bioavailability resulting from the form of iron (haem and/or non-haem) and the interaction with other food components (enhancers and/or inhibitors of iron absorption). Whatever the cause of iron deficiency, the impacts on health and wellbeing are significant and far reaching.

This special issue will publish manuscripts that examine dietary iron intake and its relationship with iron status, as well as papers addressing the implications of poor iron status on human health.

Dr. Amanda Patterson

Guest Editor



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Special Issue



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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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