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Nutrition and Colorectal Cancer

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Message from the Guest Editor

Dear Colleagues,

Colorectal cancer (CRC) is the third most common form of cancer worldwide and is one of the leading causes of cancer-related deaths. Incidence and mortality rates of CRC vary widely with higher incidence rates in developed nations and lower incidence rates in Asia, Africa, and most Latin American countries. Research suggests various dietary components to have an involvement in the development of CRC but the results have been inconsistent. The 2012 American Institute for Cancer Research/World Cancer Research Fund Continuous Update Project (CUP) reported that consumption of red and processed meat, which are pro-inflammatory, is associated with an increased risk of CRC. Conversely, the consumption of dietary fiber, which is anti-inflammatory, is inversely associated with risk of CRC. Furthermore, other dietary components, such as tea and coffee, which we have found to be anti-inflammatory, have demonstrated various health benefits, including lower cancer incidence and mortality. This Special Issue welcomes the submission of manuscripts either describing original research or reviewing the scientific literature on this topic.

Dr. Nitin Shivappa

Guest Editor



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Special Issue



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