



*nutrients*



an Open Access Journal by MDPI

## Update of Enteral Nutrition

Guest Editors:

**Prof. Dr. Carmina Wanden Berghe**

**Prof. Dr. Javier Sanz Valero**

**Prof. Dr. M Dolores Ruiz-López**

Deadline for manuscript  
submissions:

**closed (31 August 2019)**

### Message from the Guest Editors

Dear Colleagues,

Enteral nutrition aims to feed, through a functioning digestive tract, people with swallowing difficulties or total oral disability. In this way, it is possible to maintain or improve the nutritional status of patients in a situation of malnutrition, both in hospital and in their homes.

It is the most frequent form of artificial nutrition and mainly affects patients with neurological and oncological diseases who need it for long periods of time, even for their lifetime. Even if, apparently, this nutritional treatment has remained unchanged for the last years, in fact, it has been undergoing changes regarding the enteral feeding devices, ingredients used, innovative practices, safe administration, and reimbursement policies.

We invite you to submit articles on enteral nutrition that meet the goals of this Special Issue.

Prof. Dr. Carmina Wanden Berghe

Prof. Dr. Javier Sanz Valero

Prof. Dr. M Dolores Ruiz López

*Guest Editors*



[mdpi.com/si/21492](https://mdpi.com/si/21492)

# Special Issue



# *nutrients*



an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación  
Biomédica en Red Fisiopatología  
de la Obesidad y la Nutrición  
(CIBEROBN), Institute of Health  
Carlos III, 28029 Madrid, Spain  
2. Research Institute of  
Biomedical and Health Sciences  
(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
Centro Hospitalario Universitario  
Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## Contact Us

*Nutrients* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/nutrients](http://mdpi.com/journal/nutrients)  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)  
[X@Nutrients\\_MDPI](https://twitter.com/Nutrients_MDPI)