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The Impact of Nutrition on Brain Metabolism and Disease

Guest Editors:

Dr. Luisa Cigliano

Department of Biology, University of Naples Federico II, 80126 Naples, Italy

Dr. Maria Stefania Spagnuolo

Department of Bio-Agrofood Science, Institute for the Animal Production System in Mediterannean Environment (ISPAAM)-CNR, 80147 Naples, Italy

Dr. Arianna Mazzoli

Department of Biology, University of Naples Federico II, 80126 Naples, Italy

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Message from the Guest Editors

Dear Colleagues,

In recent decades, the link between nutrition, brain health. and risk of central nervous system pathologies was highlighted. How different diets/nutritional strategies modulate brain function and homeostasis, with special regard to its metabolism, mitochondrial function, redox homeostasis. insulin signaling, neuroinflammation, gut/brain axis, synaptic function and plasticity, is the focus of this Special Issue. Studies that further unravel mechanistic links between diet composition and nutritional status and the onset or prevention of neurodevelopmental or neurodegenerative diseases are welcomed, in order to provide new insights into physiopathological aspects underlying brain development, function, and aging.

Original research reports and review articles from experts in the field will provide an interdisciplinary approach to highlight the beneficial or deleterious impact of different nutritional plans and could represent the milestones for designing novel therapeutic targets to counteract several brain diseases linked with malnutrition.









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Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

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Nutrients Editorial Office MDPI, St. Alban-Anlage 66 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/nutrients nutrients@mdpi.com X@Nutrients_MDPI