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## Dietary Intake and Musculoskeletal Health

Guest Editor:

**Dr. Jessica Kiefte-de Jong**

Department of Global Public  
Health, Leiden University College,  
3595 DG The Hague, The  
Netherlands

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### Message from the Guest Editor

Dear Colleagues,

Musculoskeletal diseases, such as osteoporosis, are a major health concern in ageing populations. Although various studies have shown that nutrition and lifestyle affect bone health, little is known about the complex interactions between these, as well as interactions with medication, genes, and other measures of musculoskeletal health. In this Special Issue, the state-of-the-art of the research on diet and musculoskeletal health will be presented, with particular attention to complex interactions between diet and other determinants of musculoskeletal diseases.

Dr. Jessica Kiefte-de Jong  
*Guest Editor*



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# Special Issue



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*Nutrients* Editorial Office  
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