



## Assessing the Mediterranean Diet in Public Health: Scoring Systems, Effects on Chronic Disease and Interventions

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Deadline for manuscript  
submissions:

**closed (30 November 2017)**

### Message from the Guest Editors

Dear Colleagues,

This Special Issue welcomes the submission of manuscripts describing either original research or reviewing the scientific literature. Manuscripts should focus on different alternatives to measure adherence to the Mediterranean Diet (MedDiet). How this adherence is scored using different indexes and also the association of these scores with the risk of chronic disease.

Potential topics may include, but are not limited to:

- Indexes used to score the adherence to a MedDiet-style pattern, strengths, limitations and comparability of the different scores
- Association between MedDiet indexes and the risk of cardiovascular disease, cancer and other chronic diseases.
- Evaluation of MedDiet-based interventions for the prevention of chronic diseases.
- MedDiet indexes and their relationship with indexes developed to assess other a priori healthy dietary patterns.

Guest Editors





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