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## Precision Nutrition and Metabolic Syndrome Management

Guest Editors:

**Prof. Dr. J. Alfredo Martínez**

Department of Nutrition, Food  
Sciences and Physiology,  
University of Navarra, 31008  
Pamplona, Spain

**Prof. Dr. M. Angeles Zulet**

Deadline for manuscript  
submissions:  
**closed (31 July 2017)**

### Message from the Guest Editors

Dear Colleagues,

Precision nutrition is an emerging concept encompassing an integrated action considering, not only the genetic/epigenetic make-up and ethnic aspects of individuals, but other personalized phenotypical features, such as family and individual clinical issues, previous diseases, and therapeutic treatments, perinatal nutrition, food likes/dislikes, allergies/intolerances, lifestyle attitudes and patterns, social and cultural circumstances or religious beliefs, etc.

Therefore, the current special issue attempts to provide specific nutritional strategies to prevent or treat complications associated to metabolic syndrome features concerning diabetes, vascular events, liver diseases, dyslipemia, and cancer with a precision nutrition scope.

Prof. J. Alfredo Martínez

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*Guest Editors*



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# Special Issue



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(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
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Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

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*Nutrients* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

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